

# News & Notes

#993, 21 September 2023

A weekly bulletin for residents of Auroville



○ Flame, ○ Wine, your force has become conscious;  
you have discovered the One Light for the many.

By the Truth they hold the Truth that holds all,  
in the power of the Sacrifice, in the supreme ether.

○ Immortal, thou art born in mortals in the law  
of the Truth, of Immortality, of Beauty. ... Born from the  
Truth, he grows by the Truth, — a King, a Godhead,  
the Truth, the Vast.

*Rig Veda*

## Pondering



But before the supramental change can begin, the veil between the subliminal and the surface parts must have been already broken down; the influx, the descent will be in the entire consciousness as a whole, it will not take place partly behind a veil: the process will be no longer a concealed, obscure and ambiguous procedure but an open outflowing consciously felt and followed by the whole being in its transmutation.

*The Gnostic Being,  
The Life Divine by Sri Aurobindo*

# Contents

---

<b>PONDERING</b>	<b>1</b>
<b>HOUSE OF MOTHER'S AGENDA</b>	<b>7</b>
<b>TOWNHALL SPEAKS</b>	<b>9</b>
From The Entry Service—ES # 198	9
Entry Service Timings	10
<b>COMMUNITY NEWS</b>	<b>10</b>
<b>Awakening Spirit</b>	<b>10</b>
Mother Flower Garden	10
Book Reading Circle: The Power of Now	10
Sri Aurobindo and the Mother's Guidance in Everyday Life	11
Savitri Bhavan, September 2023	12
Exhibitions	12
Films	12
Full Moon Gathering	12
Dream Divine Series	12
Regular Activities	12
Unity Pavilion: Daily Peace Meditation	12
Dream Divine Series	13
Auroville: Exploring Alternatives	13
Study Circle on The Synthesis of Yoga—Sri Aurobindo	13
Mudra Chi	13
Amphitheatre—Matrimandir: Meditation with Savitri	14
Brahmanaspati Kshetram	14
Calendar of regular events, September 2023	14
Errata	14
<b>Auroville Matters</b>	<b>15</b>
Matrimandir Lake: Note on Planning Approval	15
Interview with Dr. Debashish Banerji	16
The Mother's Agenda, April 26, 1972	19
<b>Ecology</b>	<b>19</b>
World Car Free Day	19
<b>Education</b>	<b>20</b>
Fun Indian Music Workshops For Children	20
Mathematics workshops and weekly sessions by Enlight Activity.	21
SAIER: Call for proposals	21
Auroville Library	21
Weekly Timings	21
Story time At the Auroville Library	21
<b>Animal Care</b>	<b>22</b>
Auroville Dog Shelter News	22
Long-Term Core Staff Member Position Available	22
<b>Health Care</b>	<b>22</b>
Aurodent Dental Clinic	22
Santé Services August 2023	23
Working Hours	23
Tests and Sample collection	23
For emergencies	23
Appointment	23
Santé Services Schedule	23

Morning Star Services _____	23
Consultations _____	23
Teens _____	23
Classes _____	24
Parents' Group _____	24
Aurokiya Integral Eye Centre @ Arka _____	24
Birth—Entry into the Physical World: Miracle and Significance of Birth _____	24
<b>Festivals _____</b>	<b>25</b>
Auroville Literature Festival Videos _____	25
<b>The Arts _____</b>	<b>25</b>
Bali _____	25
Temporal Dimensions by Obayya _____	26
Kanneru _____	27
Kalakendra Art Gallery Presents _____	28
The Eternal Wisdom And My Palette _____	28
<b>Activities _____</b>	<b>28</b>
Sitar Class _____	28
Dances of Universal Peace _____	29
Zumba _____	29
Salsa Dance Class _____	30
Swimming Class _____	30
Feminine Dance Classes in Cripa _____	30
Bansuri (Flute) Group Classes With Michael _____	30
Painting Classes with Sathya _____	30
Abhaya Offers Martial Arts Classes _____	31
Regular Classes _____	31
Martial Art Classes For Kids _____	31
Bharat Kandare Classes _____	31
Auroville Tango Activities _____	32
Kalpana Gym _____	32
Auroville Bamboo Centre September Workshops 2023 _____	33
Bamboo Centre Campus Tour _____	33
Every Saturday Auroville Bamboo Tour with Special Bamboo Lunch _____	33
Training and workshop _____	33
One-Day Make and Take Workshops _____	33
Furniture Workshop _____	33
3 Hours Make and Take Workshops _____	33
Bamboo Toys _____	34
Bamboo Musical Instruments _____	34
Bamboo Jewellery _____	34
Upcomming Workshops _____	34
Bamboo Reinforcement Workshop _____	34
Auroville One Day and Half Day Tours _____	34
Enlight Activities _____	35
Auroville One Day Tour _____	35
Time To Travel _____	35
Bioregion Village Tour _____	36
Township Cycle Tour _____	36
Explorative Educational Experience _____	36
<b>Help Needed _____</b>	<b>37</b>
Update from Donation Channeling Group _____	37
Support Accessible Auroville Public Bus Service _____	37
Details of works to be done _____	37
Maatram Needs Support _____	38
Arulvazhi Education Center Seeks Funds: Request for Contributions _____	38

Auroville Mushroom Research Project _____	38
Looking for Dehydrator _____	38
YouthLink Matching Donations Campaign _____	39
<b>Honorary Voluntary _____</b>	<b>40</b>
Call For Farm Volunteers _____	40
Gau Seva at Sadhana Forest _____	41
Kuilai Creative Center is Looking for Volunteers _____	41
<b>Looking For _____</b>	<b>41</b>
Information Regarding Georges Charpak's Visit To Auroville _____	41
Seeks House Sitting _____	41
Looking For House To Sit _____	42
<b>Taxi Share _____</b>	<b>42</b>
To Bodhi Zendo, 3 or 4 October, back 10 October _____	42
<b>Work Opportunities _____</b>	<b>42</b>
Housing Service Recruiting _____	42
Civil Engineer _____	42
The Job Overview _____	42
Your duties will include _____	42
Responsibilities _____	42
Job Qualifications and Skill Sets _____	43
Receptionist Job for the Auroville Housing Service _____	44
Receptionist Job Responsibilities _____	44
Receptionist Qualifications / Skills _____	44
Education, Experience, and Licensing Requirements _____	44
From HS side _____	44
<b>Looking for a Job _____</b>	<b>43</b>
Administrator Position Wanted _____	43
<b>Foods, Goods and Services _____</b>	<b>45</b>
Vegan Lunch in Red Dot Cafe _____	45
Discover the Magic of Hemp at Hemplanet! _____	45
Fiber Optic and IT Troubleshooting Available _____	46
Unity Transport Service _____	46
Organic Quality Milk Available _____	47
Surabhi Supplies _____	47
Rapid Care Service _____	47
Marc's Café will be closed from 25 to 27 September _____	48
Pottery Sale at Bhu ceramics _____	48
Free store Opening Times _____	48
Join Dropzy _____	48
Nowana Home Delivery _____	49
Hairdresser _____	49
Rupavathi Joy Activities _____	49
Bio-region Temple Tour _____	49
Indian cooking _____	49
Thai Massage _____	49
Tailoring _____	49
Ādesha _____	50
Latest News from Inside India Travel Shop _____	50
<b>Voices and Notes _____</b>	<b>50</b>
Zoroastrian Cat _____	50
<b>Poetry _____</b>	<b>51</b>
A Limb Just Moved _____	51
Password _____	51

<b>And More Voices</b>	<b>52</b>
Forest Maintenances Update, 19/9/2023	52
Budgets and Maintenances	52
The Governing Board appointed FAMC's (GB FAMC) GBS	52
Exchange of Auroville lands	52
<b>Languages</b>	<b>52</b>
Classes and Coaching: Spoken English	52
Learn French By 'the Sounds Of Its Music	53
News From Auroville Language Lab	53
Tomatis	53
New: German with Ben	53
New: Spoken Tamil with Saravanan	54
New: Beginner Hindi with Alka	54
New: Beginner Spanish with Mila	54
New: French with Jean-François	54
Italian Conversation with Fabio	55
Intermediate Spanish with Susana	55
Beginner and Pre-Intermediate English with Rupam	55
Current Schedule of Classes	55
To join or enquire	56
The Language Lab is open	56
<b>Classes, Workshops &amp; Healing Arts</b>	<b>56</b>
A Satsang on the Integral Yoga	56
Brahmacharya	56
A Revelation of the Cosmic Play	56
A Satsang on the Integral Yoga	57
Nonviolent Communication Workshop	57
Activities by Dr. Sehdev Kumar	57
Yoga of Forgiveness	57
Seven Steps Towards Global Peace	57
Bhakti Movement in India	58
Angam Tree	58
Workshop: LA Style Salsa Dance	58
Therapies	58
Sound Healing Therapy	58
Massage Therapy	58
Dance Movement Therapy	59
Traditional Massage Therapy Classes	59
Shiatsu—an Art of Touch	59
September	59
More courses coming up in October	59
Shiatsu Training Hours	60
Medical QiGong Training	60
ATB workshop—Intensive Advanced	60
SatyaYuga: Energy Vibration	61
Upcoming Events at A Sunlit Path	62
Kirtan Gathering	62
Mandala With Intention	62
Full Moon Gathering	62
Dhrupad Retreat	63
Vérité Programs September 2023	63
Therapies (by appointment only)	63
Yoga & Re-creation Programs	64
Workshops (pre-registration required)	64

Vérité Workshops _____	65
Sivananda Yoga Workshop with Mani _____	65
Introduction to Traditional Thai Yoga Massage (Nuad Boran) _____	65
Understanding pranayama and its practice in asanas and meditation with Radhika _____	65
Energy Cleanse through Yoga Kriyas with Mamta _____	65
Balance your Koshas (Bodies) through the Practice of Yoga with Sabrina _____	65
Pitanga: Program for September 2023 _____	66
Classes—Registration required _____	66
Drop-In Classes _____	66
Healing Space _____	67
Youth activities _____	67
4 talks on Health _____	67
Arka Wellness Center & Multipurpose Hall _____	68
Classes _____	68
Treatments _____	68
Quiet Healing Center _____	69
Watsu® Basic with Petra _____	69
Watsu® 1 (Transition Flow) with Petra _____	69
<b>Cinema _____</b>	<b>69</b>
Eco Film Club _____	69
Schedule of Events _____	69
The Village Above The Clouds _____	70
Aurofilm _____	
At Multi Media Centre Auditorium, Town Hall _____	70
Reminder _____	70
Tulpan _____	70
Cinema Paradiso _____	71
Film Program _____	
25 September to 1 October 2023 _____	71
<b>Accessible Auroville Public Bus _____</b>	<b>73</b>
<b>N&amp;N Guidelines _____</b>	<b>74</b>
<b>Emergency Services _____</b>	<b>74</b>

## EDITORS' NOTE

**Dear Friends, readers of paper version!**

We are working on improving the delivery of paper version of News and Notes on Fridays only with no delays.

**Please let us know if you do not get your paper copy on Friday before 4:30pm.**

Mail us @ [newsandnotes@auroville.org.in](mailto:newsandnotes@auroville.org.in).

The only excuse of late delivery is rain on Friday.

*Light and Peace  
Roy and Agni*



# House of Mother's Agenda

---



(continued from last week)

Sri Aurobindo himself often called his Ashram *the laboratory*. This might be better appreciated if we understand that each individual represents a certain aggregate of vibrations and is in contact with a certain zone of the subconscious. These worlds, apparently full of diversity, are in fact each made up of a few typical vibrations; the multiplicity of forms (of deformations, rather), of beings, places, or events within a given zone merely mask an identical vibration. The moment we become somewhat conscious and begin to descend into the subconscious (without becoming overwhelmed) in order to work, we are surprised, or sometimes even amused, to find that some persons we know, who are outwardly very different from one another when we meet them on the mental or vital planes, are almost the same and interchangeable in the subconscious! Thus, people separated by different religions, different backgrounds, different social classes, or even different ethics, can belong to a perfectly identical type and be entirely alike in the subconscious, *as if you could see one through the other*, says the Mother. Since our vision is limited, we see only two or three people, one through the other, but if we had total vision, we would see thousands and thousands more behind them, arrayed in well-defined categories. Some people are never seen together in the subconscious, although they may be quite close in outer life, and vice versa. Now we understand how the work can assume a world scale: *Each person, says the Mother, is an instrument for controlling the set of vibrations that represent his own particular field of work.* Each of us, through his qualities and his defects, is in touch with a special region of the terrestrial consciousness that represents his part in the overall transformation. So we now understand why the transformation cannot take place through a single individual, for no matter how great he is, how complex his inner organization, how extensive his mental, vital, and subconscious colonization, he represents only one set of vibrations. At most, he can transform the type of vibration he represents, and, if that, because in the final analysis everything is interconnected. We understand, too, why the transformation cannot be realized by saints. It is not from saintliness that one makes a vaccine, but from that very share of human illness one has the courage to acknowledge and to take upon oneself. In any case, the illness undeniably exists, only one person closes his eyes to it and escapes into ecstasy, while the other person rolls up his sleeves and gets to work with his test tubes. When an older disciple once bitterly complained about the odd human mixture in the Ashram and all those 'impossible' individuals who were in it, Sri Aurobindo replied: *It is necessary or rather inevitable that in an Ashram which is a 'laboratory'... for a spiritual and supramental yoga, hu-*

manity should be variously represented. For the problem of transformation has to deal with all sorts of elements favourable and unfavourable. The element favourable carries in him a mixture of these two things. If only sattwic [virtuous] and cultured men come for yoga, men without very much of the vital difficulty in them, then, because the difficulty of the vital element in terrestrial nature has not been faced and overcome, it might well be that the endeavour would fail. In a moment of remorse, another disciple wrote to Sri Aurobindo, 'What disciples we are!... You should have chosen or called some better stuff—perhaps somebody like Z.' Sri Aurobindo replied: As to the disciple, I agree!—Yes, but would the better stuff, supposing it to exist, be typical of humanity? To deal with a few exceptional types would hardly solve the problem. And would they consent to follow my path—that is another question. And if they were put to the test, would not the common humanity suddenly reveal itself—that is still another question. I do not want hundreds of thousands of disciples. It will be enough if I can get a hundred complete men, empty of petty egoism, who will be instruments of God.

Practically, the work is done through each of our psychological difficulties, which are symbols of the same difficulties in the world; if a particular vibration is touched in one individual, then the same vibration is touched in the entire world. Each of you, said the Mother, represents one of the difficulties to be overcome for the transformation to be complete—and that makes a lot of difficulties! It's even more than a difficulty; I think I told you before that each one represents an impossibility to be resolved; when all these impossibilities are resolved, the Work will be over. As previously mentioned, each person has a shadow that keeps pursuing him and that seems to contradict the very aim of his existence. This is the particular vibration he must transform, his field of work, his impossible knot. At once the challenge of his life and its potential triumph, it is his share in the progress of the collective evolution upon the earth. But something curious happens in this particular laboratory: in ordinary life, or in an individual yoga, the shadow is more or less dormant, more or less bothersome, and usually dissolves by itself or, rather, sinks below, into oblivion; but the moment we are involved in a terrestrial yoga, we find that it does not dissolve at all, but resurges again and again, relentlessly, as if the battle had never really been won—indeed, as if we were waging a contest against that particular vibratory knot for the entire earth. It appears as if the seeker has become a special battlefield for a fierce and symbolic war against the same knot of darkness in all the rest of humanity. You no longer do yoga for yourself alone; you do it for everybody, unintentionally, automatically, says the Mother. The seeker verifies in vivo the principle of the world's substantial oneness: trying to straighten a vibration in oneself triggers reactions from myriads of vibrations all over the world. This is what Sri Aurobindo calls a 'yoga for the earth-consciousness.'

(to be continued next week)

**Satprem, The Adventure of Consciousness,  
Chapter 17, The Transformation**

[https://sri-aurobindo.co.in/workings/satprem/adventure\\_of\\_consciousness\\_e.htm#066](https://sri-aurobindo.co.in/workings/satprem/adventure_of_consciousness_e.htm#066)

With love and gratitude,  
Gangalakshmi (HOMA)



# Townhall Speaks

## FROM THE ENTRY SERVICE—ES # 198

Dated: 21-09-2023

The following people have been recommended by the Entry Board to join our community. Please share your feedback within 2 weeks for potential Newcomers, Associates and Friends of Auroville and within 4 weeks for Potential Aurovilians, Returning Aurovilians, Youth and Spouse/Partner of an Aurovillian in writing to [auroville.entryboard@gmail.com](mailto:auroville.entryboard@gmail.com) or [auroville.entryservice@gmail.com](mailto:auroville.entryservice@gmail.com). We thank you in advance.

### NEWCOMER ANNOUNCED:



Jasmine



Monica



Padmaja

- Jasmine JONES (French) staying in Sophio and working at LEC, Sadhana Forest, Upcycling & French pavilion
- Monica KRISHNAN (Indian) staying in Fertile East and working at Surya performance Lab
- Padmaja PYDAH (Indian) staying in Surrender and working at Nandanam kindergarten



Poonam



Roland



Yash

- Poonam MOHANTHY (Indian) staying in Angiras Garden and working at Matrimandir
- Roland KELLER (Swiss) staying in Kalpana and working at MM and LEC
- Yash SHETTY (Indian) staying in Newlands and working at Treehouse community

### NEWCOMER CONFIRMED:

- Aumurto CHAUDHURY (Indian)
- Corrine AKIL SALVIANI (French)
- Kanimozhi ANANDABASKARAN (Indian)
- Suruthi DURAIRAJ (Indian)

### AUROVILIAN CONFIRMED:

- Alope MAJUMDAR (USA)
- Nivedha PARIMALASELVAN (Indian)

### LEFT ON THEIR OWN:

- Mohamed Abdelrahman ALSADEC MOSTAFA (Sudanese)

**NOTE:** The Newcomer probation year becomes effective only after the NC kit has been returned and should not exceed 18 months from the date of confirmation.

A Newcomer becomes an Aurovillian once his/her name has been confirmed by The Admission Committee (aka the Entry Board) after following due process.

The date of becoming Aurovillian is the date of confirmation. A confirmed Aurovillian becomes officially a Resident of Auroville once the individual has filled in and signed the B-Form and his/her name has been entered in the Register of Residents (RoR) maintained by the Auroville Foundation Office (AVF).

A Resident of Auroville is eligible to become an executive of a Unit or Service of Auroville and to get an ID card issued by the Auroville Foundation.

A meeting with the Secretary of the AVF will be arranged by the Entry Secretariat according to the availability of the Secretary and not at any personal request.

*Yours, The Entry Board  
(Alain, Grace, Jayanthi, Lakshmanan,  
Matilde, Sara, Sonja and Swadha)*

**Note:** If you want any more information about someone, please contact the Entry Service directly for more details.

### Entry Service Timings

- Monday, Wednesday, Friday, 9:30am—12:30pm
  - Tuesday & Thursday: Newcomer kits, 2:30—4:30pm
- 0413 2622707, [auroville.entryservice@gmail.com](mailto:auroville.entryservice@gmail.com)  
Submitted by William for The Entry Service

# Community News

## Awakening Spirit

A vertical rectangular advertisement for 'Mother's Flower Garden'. The background is white with illustrations of blue and white daisies and blue cornflowers. The text is in a green, cursive-style font. At the top, it says 'Mother's Flower Garden'. Below that, it says 'Weekly classes by Narada on Flowers and Their Messages'. Then, 'Every Thursday from 5 to 6 P.M.'. Next, 'Venue: The Mother's Flower Garden, near Solar Kitchen'. At the bottom, 'All are welcome'.

*Mother's Flower Garden*

Weekly classes by  
Narada on Flowers and  
Their Messages

Every Thursday from 5 to 6 P.M.

Venue: The Mother's  
Flower Garden, near  
Solar Kitchen

*All are welcome*

With Loving Regards,  
MFG Team, Jyoti, Naren, Poonam, Rabi & Satyakam

### BOOK READING CIRCLE

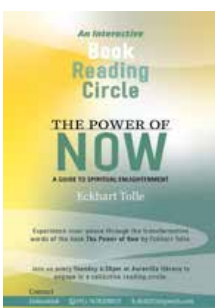
#### The Power of Now

Every Tuesday 6:30—7:30pm

Experience inner peace through the transformative words of the book 'The Power of Now' by Eckhart Tolle. Join us at the Auroville Library to engage in a collective reading circle.

Contact: Debashish, (91)  
7678208825, [b.deb253@gmail.com](mailto:b.deb253@gmail.com)

Debashish



## SRI AUROBINDO AND THE MOTHER'S GUIDANCE IN EVERYDAY LIFE



**Monday, 25 September 2023, 4pm @ Savitri Bhavan**  
**Duration: 42min.**

In this video-talk, Dr Alok Pandey familiarizes us with Integral Yoga and gives guidance for living a fulfilling Divine life in the light of the teachings of Sri Aurobindo and the Mother.

In the Vedic Age or the Age of Intuition, Indian philosophical thought and yoga started and brought forward the wisdom of One Reality, of unity in diversity, and the implications for everyday life. In time, this wisdom was further developed, enriched, and renewed in the age of the Upanishads, in the age of the Gita, and then with the Puranas. Systematized teachings and techniques were worked out for the development of the human mind, emotions, and physical body. Often these practices, named shastras eventually became mechanical and lost their living, creative and transformative force, which necessitated new ways of yoga capable of assisting human beings in the evolutionary process. At present also, under the influence of evolutionary impulses, the knowledge of yoga is developing further.

Sri Aurobindo and the Mother, the two Avatars, incarnated to work for the next step of evolution. Their dynamic, transformational, and Integral Yoga is also based on the Vedic knowledge that there is one Reality, the eternal Being that manifests in numerous ways. The conscious force for new transformational processes they called Supramental.

Integral Yoga aims at living from within and knowing that behind the outer 'normal' life, runs the powerful stream of inner life. This inner life is important because the nature of our outer life depends on our inner psychological composition. Then behind the inner life, there is a deeper, inmost life. It is the life of the soul which continues life after life. The quietness of the mind is needed for inner awareness. Only then can we hear the gentle guidance of the soul—the inner voice or person in us.

To learn about this inner guidance of the soul, the Mother advises to step back and see, and to be conscious. At the same time, we must be aware that truly lasting values in life are peace, light, wideness, truth, and Ananda, and that the aim of life is the union with the Divine.

As far as the physical is concerned, she gives the recommendation to keep balance and remain conscious in all our daily activities, including eating, and sleeping.

On all levels, including mental and vital, to be consciously grateful is the best strategy for our integral well being: in the morning we can be grateful to be alive and to be grateful for the beautiful creation and nature. We can start our day by saying 'Good morning' or 'Bonne Jour' with deep gratitude to the Supreme, we can read uplifting texts, we can chant OM or sing a song, and do every activity with joy and gratitude. It is supportive to be conscious while thinking, breathing, and speaking.

A general refinement of daily life is the sadhana of Integral Yoga and then we will feel the Divine presence everywhere. Sri Aurobindo stresses that progress can occur at any moment if we surrender to the Divine Mother. Then all life becomes yoga, and both our sadhana and life become beautiful and imbued with the Divine.

No matter how much we know, there is always something more to learn and to experience. And that gives life such a wonderful purpose. Perfection is not an endpoint; it is dynamic, and constantly evolving. Even the Supramental is not the end of the evolutionary process. The Divine is unfolding and unfolding, there is no end. Why should there

be an end? Why not infinity? Why not a perfection that is ever expanding?—With these questions Dr Alok Pandey closes and opens new ways for exploration.

- The video-talk is available at the AuroMaa website and on YouTube:

<https://www.youtube.com/watch?v=wcHcd12NWLA>

*Submitted by Margrit*

## SAVITRI BHAVAN, SEPTEMBER 2023



### Exhibitions

- **Meditations on Savitri:** the entire series of 472 paintings created by the Mother with Huta from 1961-67 is now on display in the picture gallery.
- **Glimpses of the Mother: Photographs and texts** in the Square Hall. A new Bilingual Exhibition on 'Sri Aurobindo: A life sketch in photographs' with texts both in English and Tamil is displayed in the upper corridor

### Films

*Mondays at 4pm in the Sangam Hall*

- **September 25:** Sri Aurobindo and the Mother's Guidance in Everyday Life. Video of a talk by Dr. Alok Pandey reflects on our outer and inner life and its many levels. Duration: 42min.

### Full Moon Gathering

- **Friday, 29 September, 7:15—8:15pm** in front of Sri Aurobindo's statue

### Dream Divine Series

Directed especially at newcomers, Savitri Bhavan has launched a project called 'The Dream Divine Series'.

The goal of the project is to make newcomers understand the Aims and Ideals of Auroville, learn about the Life and Works of Sri Aurobindo and The Mother, and the Integral Yoga.

- There will be a weekly session every Wednesday 4:30—5:30pm.
- The series will include presentations, films, talks, etc., followed by questions and answers.

### Regular Activities

- **Sundays 10:30—12noon:** Savitri Study Circle
- **Tuesdays, Fridays, Saturdays 4—5pm:** L'Agenda de Mère: listening to recordings with Gangalakshmi
- **Tuesdays 4:30pm:** Mudra-chi led by Anandi
- **Thursdays 4—5pm:** Videos of The English of Savitri led by Shraddhavan
- **Saturdays 4:30—6pm:** Satsang, led by Ashesh Joshi
- **Exhibitions, Main Building and Office** are open Monday to Saturday 9am—5pm
- **Library and Digital Library:** Monday to Friday 9am—5pm

**Everyone is welcome**

*Submitted by Dhanalakshmi  
for Savitri Bhavan Team*

## UNITY PAVILION: DAILY PEACE MEDITATION

- Unity Pavilion, Peace Hall
- Monday, Tuesday, Wednesday, Friday, 6 to 6:45pm
- Thursday, 5 to 5:45pm



*Submitted by Arun*

**DREAM DIVINE SERIES**  
**Auroville: Exploring Alternatives**



On Wednesday, September 27, 4:30—5:30pm



**A recorded Video**

**In the Sangam Hall of Savitri Bhavan**

Directed especially at newcomers, Savitri Bhavan has launched a project called 'The Dream Divine Series'. The goal of the project is to guide newcomers to understand the Aims and Ideals of Auroville, learn about the Life and Works of Sri Aurobindo and The Mother, and the Integral Yoga. There will be a weekly session every Wednesday 4:30—5:30pm. The series will include presentations, films, talks, etc., followed by questions and answers.

**Everyone is welcome**

**Dhanalakshmi, for Savitri Bhavan Team**

**STUDY CIRCLE**



**BHARAT NIVAS**  
PAVILION OF INDIA: AUROVILLE

**on The Synthesis of Yoga—Sri Aurobindo**

*On the Occasion of Sri Aurobindo's 150<sup>th</sup> Birth Anniversary*

**Sri Aurobindo Centre, Resource Library**

**Tuesdays, 4:30—5:30pm**

- **An exploration, led by Deepti Tewari**

Since Two Years Bharat Nivas has been holding a weekly Study Circle on The Synthesis of Yoga—Sri Aurobindo

The Mothers very last message to Auroville: *Auroville is created to realise the ideal of Sri Aurobindo who taught us the Karma Yoga. Auroville is for those who want to do the Yoga of work.*



*To live in Auroville means to do the Yoga of work. So all Aurovilians must take up a work and do it as a yoga*

**27.03.1973**

She also said: '**Programme:** Research through experience of the Supreme Truth. A Life Divine. But no religions

**02.05.1970**

**Regards, Vani, BN Cultural Team**  
**0413 2622253**



**MUDRA CHI**

**Every Tuesday at 4:30pm.**

**At Savitri Bhavan**

**Facilitator Anandi.ayun.**

**Everybody Welcome!**

**Submitted by Anandi**

## AMPHITHEATRE—MATRIMANDIR

Every Thursday at Sunset (weather permitting)

5:30—6pm

### Meditation with Savitri,

Sri Aurobindo's long mantric poem read by Mother to the incredible music of Sunil

The season changes, we follow the sun...

New timing will be:

- From 21 September onwards:  
5:30 to 6pm

Let's gather under the beautiful open space, with heavenly music in the very center of Auroville!

- **Reminder to all:** the Park of Unity is a place for silence, meditation and inner work, and is to be used only as such. We request everyone: please do not use cameras, I-pads, cell phones, etc. No Photos.
  - Dear Guests, please carry your Guest Card with you
  - Access only for the Amphitheatre from 5:15pm and for the meditation time.

*Thank you, Surya and Amphitheatre Team*

## BRAHMANASPATI KSHETRAM

### Calendar of regular events, September 2023



BRAHMANASPATI KSHETRAM  
The Mother Sri Aurobindo Centre

*To my dear little child  
live only for the Divine*

### Calendar of regular events of September 2023

Every Thursday 6:00 - 6:30pm  
**Meditation**

No reading circle on Fridays for  
the month of September only

29th, Friday at 6:30pm full moon, reciting  
Sri Aurobindo's Gayatri Mantra for 30min

No.3/134, Kalathu Mettu Street  
Edayanchavadi, Auroville

[kshetram2014@auroville.org.in](mailto:kshetram2014@auroville.org.in)

Location



*Submitted by Rajan*

## ERRATA



In our last issue, 14 September #992 in an article entitled 'Study Circle On the Synthesis of Yoga—Sri Aurobindo', there appears a spelling mistake due to some formatting error and the word 'Auroville' is misspelled. Aside from this being quite embarrassing the source of this error remains elusive. We offer our apologies for this.

*Roy and Agnijata*



## MATRIMANDIR LAKE

### Note on Planning Approval



Small projects like individual houses, apartments, etc, usually only require a simple building permission, especially if the project falls within the design parameters of the development- and land use-plan of the area.

Bigger projects that will impact a large number of people and have an effect on the landscape and the environment should have Planning Approval.

A project on the scale of the Matrimandir Lake has, undoubtedly, a significant impact on a large number of people, on the environment and on the surroundings, Auroville as well as the villages in the vicinity.

The impact of the Lake will be on many different levels:

- The watershed, water percolation into the ground and runoff will be affected and have to be managed consciously and responsibly.
- A large space that is currently covered with green vegetation and having its own bio diversity will be cleared.
- Thousands of tons of soil have to be shifted, by truck over Auroville roads or other means, and the soil has to be disposed of, creating a large artificial mound.
- A huge amount of water is required to fill and maintain the lake.
- The water body will attract different species of water-birds and develop its own fauna and flora and micro climate.
- It will attract a lot of tourism.
- It will require continuous maintenance.
- The choice of material for waterproofing and the workmanship of laying and protecting is a most critical aspect. Once the lake is built and filled with water it will be virtually impossible to repair a leak.

During Planning Approval all these aspects should be studied. Where necessary some design aspects might need to be adapted or the method of implementation might need to be modified. The objective of Planning Approval is to mitigate the negative impact of the project and eliminate unintended and potentially damaging consequences that may not be obvious at a first glance.

The second objective of Planning Approval is to ensure that the project is implemented in exactly the way that it has been approved. To give an example: During construction, often enough as time passes costs explode and finances dwindle or management changes. This presents a risk of 'cutting corners'. In order to reduce the cost, items that are thought not to be absolutely necessary for the completion of the project may be removed from the budget and implementation. Then, the time frame for research and testing is often shortened or eliminated completely. Cheaper materials are used, less cement and steel is put into the concrete, etc. As a result, the original project that was thought to meet certain standards of sustainability and thoroughness then becomes haphazard and whimsical.

So who would be the appropriate body to formulate the Planning Approval. On the one hand there are laws and Notifications that regulate the procedure for Environmental

Clearance in India and this could be followed. Alternatively we can constitute our own body of experts and advisors (from within Auroville and from outside) who would analyze the Matrimandir Lake Project and formulate a detailed design and implementation plan.

The latter would in all likelihood yield a better result.

Planning Approval is an indispensable tool that ensures that a project is environmentally sound, that it is executed exactly in the way that it was approved, following proper methods, and that after completion the project fulfills its intended use and purpose.

*Written by Jan Imhoff c. Eng, 13-9-2023*

## **INTERVIEW WITH DR. DEBASHISH BANERJI**

*Debashish has been a frequent visitor to Auroville, where, as a reputed scholar on the subject, he has given talks on Sri Aurobindo's philosophy and spiritual practice. Since 2016, he has also been bringing groups from the U.S. to Auroville for short study experiences. The most recent visit was in August this year.*



***Did the fact that the students had read these two books about Auroville's history cause them to see similarities between what happened in the 1970s and what is happening now?***

Absolutely. Yes. They see all the forces that were part of the earlier conflict being very much alive now.

***So the sense that these problems only began two years ago is not correct?***

No, the group felt these issues have a much longer duration because they were not dealt with in the 1970s but pushed beneath the surface. In particular, they felt the core issue was not dealt with then.

***What do they think is the core issue?***

They feel that the core issue is ownership. Many of the people who came to Auroville in the 1960s were products of the counterculture and were looking for a new kind of life. The Mother appealed to this sense. She said that the existing world is based on wrong foundations and those who come to Auroville should have an aspiration for a new kind of life. Connected with this is what the Mother calls 'divine anarchy' and Sri Aurobindo calls 'spiritual anarchism' in his social and political texts. It involves an aspiration for a grassroots sense of oneness that has no need of ownership or governance from the top.

That's the aspiration with which the Mother created Auroville as a social experiment in human unity founded on her and Sri Aurobindo's vision for a future civilization. Of course, others have had such a vision, for example Marx dreamed of a future of collective self-governance, but these thinkers lacked the psychological knowledge for its achievement. The Mother based this social objective on the development of a consciousness of unity and harmony through yogic praxis. That's why the very first article in the Charter of Auroville says that Auroville belongs to nobody in particular, it belongs to humanity as a whole. In other words, it was not intended to be a place that is 'owned' by any institution, individual or group, but rather a place which would provide the freedom for a collective growth of consciousness that develops the conditions for divine anarchy.

However, the Mother was very conscious that the world was not ready for this, that there are legal realities which could not be ignored, so for practical purposes, such as buying land, she arranged for the Sri Aurobindo Society to legally own Auroville, although this ownership was meant to be only in name. But the will to own and control Auroville proved too strong, and the Government of India had to step in, so to say, to protect the Mother's dream.

When the ownership of Auroville shifted to the Government of India, the feeling was that the government would be



like a benevolent Big Brother which would keep Mother's dream alive and allow the Aurovilians to develop in the way that they needed to achieve this, while, at the same time, ensuring that no others would claim ownership. For many years, this seemed to be the case.

But then the government changed, and we now see a government that has a strong sense of ownership of the cultural identity of India, and, seemingly, also wishes to shape Auroville according to this identity. Its legal ownership of Auroville gives it the justification to mold Auroville to its larger plans.

Politically, the Auroville Foundation Act of 1988, framed at the conclusion of the conflict of the 1970s, seemed to provide a governing structure that empowered the residents of Auroville, but according to its present interpretation, the Residents' Assembly has been sidelined in favor of non-Aurovilians who are government appointed and/or persons loyal to the government.

This clash of approaches to ownership seems to be at the core of what's happening now. It is a return to a struggle for ownership over a community which has been envisioned to have no ownership.

And ownership of Auroville has suddenly become very attractive. Not only from the viewpoint of consumption—some of my students found themselves like happy kids in a candy store, they went about tasting coffee, gelato or cuisine from across the world, or buying products and services of the New Age world market—but Auroville is also beginning to look like an experiment that is offering solutions to larger world problems, and this is attracting some of the brighter minds of our time. From this point of view it is a bud ready to bloom, both materially and culturally, offering an attractive prospect for ownership leading to material and ideological exploitation.

There's also the fact that the growing middle class of India wants a sense of identity, something that is being fostered by the present government, and from this viewpoint it sees Auroville as a cultural commodity, like a crown jewel for the national identity.

So there is pressure to appropriate Auroville culturally, politically, economically. I think part of the rhetoric around making Auroville a city for fifty thousand people, bringing in roads and infrastructure, serves this intention of cultural appropriation to create a site of national identity for spiritual tourism. In fact, some of my students had visited Shantiniketan before coming here, and they fear that, in terms of the government's ambitions, Auroville could become something similar, an empty, memorial structure or spiritual theme park.

Ownership, of course, also has its inverse aspect. Some of the students feel that a few Aurovilians they have met exhibited their own tendency towards ownership of what they have been creating over the years, a form of closure from which they are resisting change. There may be some truth in this but I don't think it is the predominant way in which this township has been developing.

Around this central issue of ownership, there are a number of other oppositions that have associated themselves to complicate the polarization. Forces have re-emerged from those former days in the conflict with the Sri Aurobindo Society. For example, postcolonial insecurities which get translated into the feeling that, 'Here are those foreigners who colonised us in the past and are now creating an enclave inside our country.' You hear this rhetoric repeatedly, that these Westerners are culturally blind towards India, are arrogant and insulting towards its culture, they're dirty hippies who take drugs, etc. This then becomes a part of the spin through which the polarization appeals to certain people. Whatever the truth of such statements, it should be clear that a bunch of irresponsible drug-takers could not have created the flowering of Auroville that we see at this time.

In some quarters, the opposition is framed around religiosity, a sense that Auroville is a sacred space of reverence to Sri Aurobindo and the Mother, and needs to be run by the rules and rituals of 'holiness'. This is pitted in some against the Mother's statement there should be no religion and a minimum of rules in Auroville. This also demonstrates another aspect of the conflict—what may be called quotation wars. There are those who claim to know exactly what the Mother wanted for Auroville, quoting texts that they weaponize like commandments. Several of these arguments owe their genesis to the conflict of the 1970s that remained unresolved and have re-emerged to group themselves around the central problem of national ownership and identity politics.

***So it's simplistic to think that the present turmoil can be reduced just to one binary opposition, like the narrative that says that it's all about those who want Mother's town and those who resist it?***

Exactly. But we saw many residents who view the conflict in these partial terms, formulating it through some specific opposition, while there are many factors clustering together at the same time.

***Did the students interact with those Aurovilians who welcome and support the changes taking place in Auroville at present?***

Some of the students did.

***And what did they hear from these people?***

They heard several of the narratives I've mentioned. For example, that the Aurovilians have ignored the Mother's plans for Auroville and the government is helping to enforce these; or the allegation that some Aurovilians have a myopic sense of ownership because they have created their personal utopia and don't want anything to change, and this is retarding the building of the city; or that it's a new form of colonialism, that Westerners look down on Indians, they don't understand spirituality and they need to be taught a lesson. These are some of the voices that they have heard.

***Your students seem to have a dystopian view of what is happening and may happen to Auroville. Do they envisage any alternative future?***

It's a dystopian view and it is disturbing. Regarding alternative futures, the students see Auroville as fulfilling its purpose by becoming a model town that can solve the problems of humanity through its power of consciousness, for this could be the seed of something that is replicable.

Some feel this possibility could only be protected by the kind of federated world union Sri Aurobindo envisaged. But that is a seemingly impractical dream today; the hope for a world union or even a world conscience has never seemed more distant.

Otherwise, they are looking for the answers emerging from Aurovilians themselves. One of these is dependence on the courts. In our times of rampant political falsehood, many hold the judiciary as the last incorruptible institution that may vindicate humanism. We see this here, too. Despite recent legal setbacks, a number of people in Auroville are hoping that the judiciary will prove to be its savior.

***Interview extract from***  
***Auroville Today***

***Issue No. 410, September 2023***

***Dr. Debashish Banerji is the Haridas Chaudhuri Professor of Indian Philosophies and Cultures and the Doshi Professor of Asian Art at the California Institute of Integral Studies (CIIS), San Francisco, where he also chairs the Department of East-West Psychology. The California Institute of Integral Studies was founded in the same year as Auroville by Haridas Chaudhuri, a scholar and devotee of Sri Aurobindo, to pursue, among other things, studies connecting the cultural traditions of the East and the West. A few Aurovilians have either studied or are studying there.***

## THE MOTHER'S AGENDA, APRIL 26, 1972

*(Satprem rests his forehead on Mother's lap. Sujata approaches)*

I am beginning to understand why Sri Aurobindo always said it was woman (*Mother caresses Sujata's cheek with her finger*) that could build a bridge between the two. I am beginning to understand. One day, I'll explain. I am beginning to understand. Sri Aurobindo used to say: it is woman that can build a bridge between the old world and the supramental world. Now I understand.

*Yes, I understand too.*

Then it's all right. We must have patience.

*(Mother presses her index finger against Sujata's chest:)*

Will you remember what I said?

- <https://incarnateword.in/agenda/13/april-26-1972>

*Submitted by Gangalakshmi*

*Ecology*

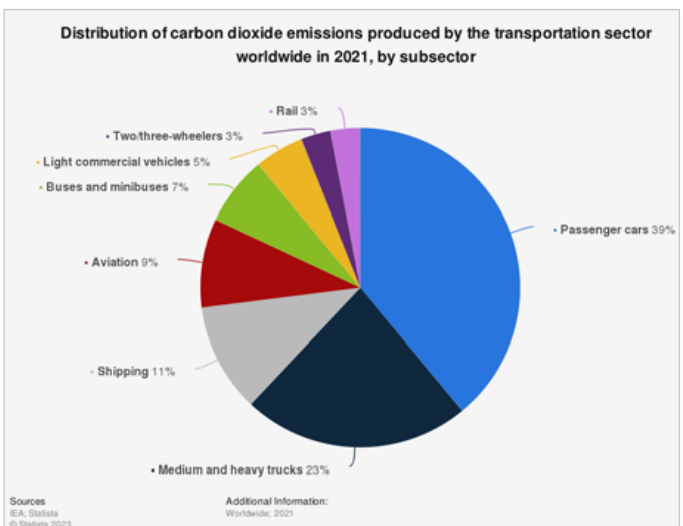
## WORLD CAR FREE DAY

22 September



Auroville Vehicle Service is inviting all to participate in **World Car Free Day**, on 22 September, 2023.

It is a worldwide initiative to encourage motorists to take a break from driving and explore alternatives. So, if you want to be more environmentally friendly, take part in World Car-Free Day. Sure, giving up your vehicle may not be the most convenient way to go car-free, but it is the best way to stop gas-guzzling for even one day. Is it possible to go for an entire day without needing a car? Yes! It can be done. Let's try.



*Submitted by Raju*

**FUN INDIAN MUSIC WORKSHOPS FOR CHILDREN****Monday, 25 September 2023 at CRIPA**

Arpanna is delighted to present **Indian Music Workshops for children** by **Radhika Joshi**, a talented young musician on Monday, 25 September 2023 at CRIPA. These workshops will be a wonderful introduction to music in a fun manner with games and interesting teaching methods. There will be 1 session in the morning for 5-10 year olds and the 2<sup>nd</sup> session will be in the afternoon for 10-15 year olds. The entry for the workshops is free, however registration is required. These sessions are aimed at allowing children to experience how classical music too can be enjoyable and relevant to things around them; And how they can express themselves through music !

Radhika Joshi is a trained classical vocalist who loves to share her love for music with young children. She is a disciple of Pt. Raghunandan Panshikar, and has also studied under Padma Bhushan Smt. Girija Devi. Radhika has presented her music in several prestigious music festivals across the globe. In addition to her performances, Radhika regularly conducts workshops and lecture demonstrations that are designed to help listeners better enjoy the nuances of Indian classical music. In order to introduce classical music to children in an engaging and entertaining manner, Radhika has developed her own method which she has published in the book titled '**Phulwari Geeton Ki**'. Using this curriculum, Radhika has been conducting workshops in various cities that have been hugely successful and much loved by the children

- **Date:** Monday, 25 September 2023
- **Venue:** CRIPA
- **Time:** Session I 10am—12pm (for 5-10 year olds).
- **Time:** Session II 3pm—5pm ( For 10-15 year olds).

Organized by Geeta (Kalpana) and Yogini (Kalpana).

*For Arpanaa, A Service Funded  
by Auroville City Services, Geeta*

## MATHEMATICS WORKSHOPS AND WEEKLY SESSIONS

### by Enlight Activity.

Dear Reader, please take a note of the regular offerings by enlight as mentioned below.



- **Math is a play:** Weekly sessions for elementary levels, 1<sup>st</sup> and 2<sup>nd</sup> graders on visual mathematics.

These sessions offer a groundwork for middle school and high school math concepts in a playful, non-rigid way. We work together to understand these concepts through various experiences around us which later prove helpful in learning the same concept in a classroom.

These sessions are ideal for parents and children who are long term residents of Auroville.

- Every Saturday, 10am -12pm @ The European House

Please request an appointment to take it further.

- **Integral Education and Mathematics:** An Introductory workshop on Integral Education and Mathematics for short-term residents and visitors.

This two hour workshop is ideal for parents, teachers and anyone above 18 yrs who would like to learn from the writings of The Mother and Sri Aurobindo and how an understanding in mathematics can support an individual on the path shown by them.

- Every Friday, 4pm—6pm

- **To join or enquire about any of the above activities,** please connect via email [enlight@auroville.org.in](mailto:enlight@auroville.org.in) or phone, Snehal, 9529673687

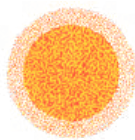
- To understand our learning approach; please click on the link to listen to our podcast with Auroville radio <https://www.aurovillerradio.org/interview-with-snehal-d-roy/>

- This event is contribution based

*Arun, Anand and Balaji  
For Enlight team*

## SAIER: CALL FOR PROPOSALS

Dear community, SAIER is now in the position to consider supporting projects in the fields of education and/or culture which will be conducted this financial year (ending 31 March 2024). SAIER is accepting project proposals in three categories:



1. Research
2. Activities
3. Publications

Please write to [saiier@auroville.org.in](mailto:saiier@auroville.org.in) to request these application forms. Project funds can support human resources and/or materials for the project. Projects must be of limited duration, instead of recurring yearly activities.

Please send us your proposals by **29 September, 2023** for them to be considered this year.

Please feel free to contact [saiier@auroville.org.in](mailto:saiier@auroville.org.in) with any questions.

*Thank you, Kristen, for SAIER Team*

## AUROVILLE LIBRARY

### Weekly Timings:

- **Mornings:** Monday—Saturday, 9am—12:30pm
- **Afternoons:** Monday, Wednesday, Thursday, Friday & Saturday 2—4:30pm, Tuesday 4—6:30pm

**Story time** At the Auroville Library!  
Every Saturday, 10—11am:  
Children's storytime.

- **Contact:** 0413 2622894,  
[avlib@auroville.org.in](mailto:avlib@auroville.org.in)
- **Web:** [library.auroville.org.in/](http://library.auroville.org.in/)

*Kristen for Auroville Library*



## *Animal Care*

### AUROVILLE DOG SHELTER NEWS



Due to the unexpected early arrival of the rainy season, we regret to inform you that our Sunday events will be temporarily suspended. Nevertheless, we remain delighted to welcome visitors every Sunday, allowing you to explore our shelter, and meet our team and our lovely dogs!

Stay tuned for exciting news regarding a major event planned for October! We will be sharing the details with you very soon. We look forward to seeing you soon again!

*Warm regards, Arthur  
for The Auroville Dog Shelter Team*

### **LONG-TERM CORE STAFF MEMBER POSITION Available, 1/2 Maintenance Offered**



The Auroville Dog Shelter is in a phase of expansion, and to match our growth, we are offering an opportunity for a dedicated dog lover to join our permanent core staff team. This role entails assuming responsibilities and necessitates your ability to work within our team.

- **In exchange for 25 hours of work per week** (spread across 5 days), we are able to offer 1/2 maintenance to Aurovilians or Newcomers, who are willing to work hand-in-paw with us to elevate the dog shelter to new heights. Beyond caring for our cherished four-legged residents, you will share responsibilities as an integral part of our core team. This role may also involve participating in dog rescues (holding a valid driver's license is a big bonus) and assisting our veterinarian.

Given the training, dedication, and responsibilities involved, we request a commitment of a minimum of one year following a trial period. This position requires the ability to handle stress, engage in physically demanding tasks, maintain a disciplined work ethic, and, above all, you need to show a profound love for animals.

- **For further details and to arrange an interview**, please feel free to contact Coco at +33672046070 or Arthur at 8122225266 via WA.

We look forward to welcoming you to our core staff team in the near future.

*Thanks, Arthur  
for The Auroville Dog Shelter Team*

## *Health Care*

### AURODENT DENTAL CLINIC



Dental Clinic  
Auromode, Auroville.

**For Appointment please contact us**

Email: [aurodent@auroville.org.in](mailto:aurodent@auroville.org.in)

Phone: 0413-2622063 What's up: 9629199328

**Working hours**

Monday – Friday (9am – 1 pm & 2pm – 6 pm) Saturday (9am – 1pm)

*Submitted by Sudha*



**SANTÉ SERVICES AUGUST 2023****Working Hours**

- Monday—Saturday, 9—12:30pm & 2—4:30pm

**Tests and Sample collection**

- Monday—Friday before 12pm.
- No sample collection on Saturday.

**For emergencies**

- Auroville Ambulance 24/7: +91 9442224680
- Government Ambulance 24/7: 108

**Appointment**

- Please call Santé on 0413 2622803 during working hours for an appointment

**Santé Services Schedule**

Doctor consults with Dr.Senthil & Dr.Sana: Monday to Saturday	Nursing Care: Ezhil, Thilagam, Archana & Sandhya: Daily, No appointment necessary
Ayurveda with Dr.Be & Dr.Sonia: Monday/ Wednesday/ Thursday/ Friday	Pregnancy Care & Women's Wellness with Paula: Tuesday & Wednesday
Acupuncture with Andres: Monday to Friday	Homeopathy with Michael: Monday/ Wednesday/ Saturday
Integrative Psychotherapy with Juan Andres: Monday to Friday	Physiotherapy with Arun: Monday to Saturday
Functional Medicine with Lize: Monday to Saturday	Physiotherapy with Rebeca: Monday/ Wednesday/ Friday
Bio-Well Assessment (Evaluation of your well-being) with Helena: As per availability	Physiotherapy & Massage with Galina: Monday to Friday

- In Santé, we value our patient's confidentiality & make every effort to ensure their privacy.*
- In case of cancellation or to reschedule, it is necessary to inform us in advance.*

*Submitted by Dasha for Sante Services*

[sante@auroville.org.in](mailto:sante@auroville.org.in), <http://sante.auroville.org.in>

**MORNING STAR SERVICES**

Morning Star is a unit of the Health and Healing Trust, made up of midwives and doulas who support pregnancy, childbirth, breastfeeding and offer women's wellness GYN care in Auroville. We offer our services to all and invite you to participate and benefit. Our goal is to bring respectful health and maternity care to women and families in Auroville.

**Consultations**

Consultations available with midwives, doulas and breast-feeding advisors. We offer consultations at Santé during pregnancy and through the child-bearing year. We provide well-woman care including Pap tests, and other screenings, menarche through menopause.

- Book an appointment through Sante: 0413 2622803

**Teens**

We offer consultations for teenagers by appointment with strict privacy protocol.

- Contact by email [morningstar@auroville.org.in](mailto:morningstar@auroville.org.in)

## Classes

Childbirth preparation classes, including fathers, are offered throughout the year.

- Location: Hall of Light, Creativity Community
- Time: Wednesday evening
  - 5—6pm, Movement classes like Yoga, dance, breath work, etc
  - 6—7pm, Education on various aspects of pregnancy, birth, new-born and breastfeeding
- Most of the sessions are offered in English and Tamil.
- To join the classes: Bala, +91 9892699804 WA

## Parents' Group

Rotem is planning a support group for mothers and fathers who have had a baby in the last year.

- 10—11:30am, Wednesday mornings, Hall of Light
- Interested? Rotem, +91 8056888715 WA
- If you would like to know more about our work email us at [morningstar@auroville.org.in](mailto:morningstar@auroville.org.in)
- For general administrative queries: Bala, + 91 9892699804 WA.

*Best Regards, Balaganesh SIVA*

## AUROKIYA INTEGRAL EYE CENTRE @ ARKA

**Working Hours: Monday—Saturday, 9am—5pm**

The following services are provided

- Emergency eye care services with primary-level care
- Complete eye testing facilities for eye problems
- Follow-up services for surgeries and consultation from Aravind
- Spectacles and contact lenses
- Eye medicines (Homeopathy, allopathy, and Ayurvedic Drops)
- Personal guided support to visit Aravind eye hospital for surgeries and procedures
- Personalized eye exercise training, eye yoga sessions, and vision therapy sessions. Both morning and evening slots are available



## Contact

- [aurokiya@auroville.org.in](mailto:aurokiya@auroville.org.in); [aurokiya@gmail.com](mailto:aurokiya@gmail.com)
- WA/ Mobile: 8012305151, [www.aurokiya.com](http://www.aurokiya.com)

*Thanks, Aurosugan, Aurokiya team*

## BIRTH—ENTRY INTO THE PHYSICAL WORLD

### Miracle and Significance of Birth

Easier, happy, healthy and safe births. For everyone, who ever was born, has birthed, will birth or knows someone who does—for everyone!

*Education starts at Birth,—says The Mother—how can we integrate this and many other words of wisdom from ‘the two who are one’ in the very start of life of our children?*

For the way our children are born, how they arrive on this planet greatly matters. Especially here in the City of the Future we shall understand the significant imprint the very first moments have on the life of the individual baby and its family as well as the potential these very first moments hold for humanity as a whole.

- **23 September 2023, 5:30pm. Birth—Entry into the Physical World.** Significance and Miracle of Birth.

60-90 mins Slide Presentation with Q&A by Ulrike Urvasi

- **at Pavilion of Tibetan Culture**

*Ulrike Urvasi is a Nurse, Birth-Doula and Practitioner of Shiatsu and Traditional Chinese Medicine*

*Ulrike*



*Festivals***AUROVILLE LITERATURE FESTIVAL VIDEOS**

Dear Friends, The Auroville Literature Festival was a moment of Light, bringing ideas, imaginations and cultures together, even unexpected smiles on the road...

We have finally collected the session videos and will be sharing them with you over the next few days.

Here are 3 sessions from the opening day, 25 August 2023

1. [Welcome from the Lit Fest coordinators and the Festival partners](#)—TS Tirumurti, former permanent representative of India To the UN, Dr Sanjeev Chopra, Director, Valley of Words Festival & Dr Jayanti Ravi, Auroville Foundation.

2. [Keynote Address by Dr Sanjeev Sanyal](#)

3. [The Inaugural Session with the co-founder-director of the Jaipur Literature Festival, Namita Gokhale and author of 21 books—in conversation with Dr sanjeev Chopra & Anu](#)

For more details please visit [aurovillelitfest.org](http://aurovillelitfest.org) & Write to us at [aurovillelitfest@auroville.org.in](mailto:aurovillelitfest@auroville.org.in)

Warmly, Anu & Sudha

*The Arts***BALI**

Sri Aurobindo Auditorium  
30 September, Saturday, 7pm  
Duration: 1 hour

**Bharat Nivas presents**

**BALI**

*An amusing story of the monkey brothers from the Ramayana*

**adiShakti**  
Laboratory For Theatre Art Research

Venue: Sri Aurobindo Auditorium  
Date: Saturday 30th, September 2023  
Time: 7 pm, Duration: 1 hour

Enquiry contact: Krishna at 9787-880211  
Parking available outside the Bharat Nivas main gate

Adishakti's Bali is a retelling of the various events that lead up to the battle between Bali and Ram, and eventually, the death of Bali. The play explores the notion of right or wrong and how it may change when each and every character is given an opportunity to voice their thoughts and opinions. Here, Bali's death is placed in the center and a personal take is presented that will enable us to transition seamlessly back and forth- from the epic to the everyday and vice versa. The play presents powerful moments through alternate and opposing points of view of Bali, Tara, Sugriva, Angadha, Ram, and Ravan based on their own ethics and contexts.

The play gives its artiste and audience a space for introspection—to take a step back and detach ourselves from our dominant ideologies and rigid identities to explore other perspectives. *An emotional and energy high through the 70-minute performance.*

- <https://www.youtube.com/watch?v=ISPV-tQbT54&t=71s>

### Cast & Credits

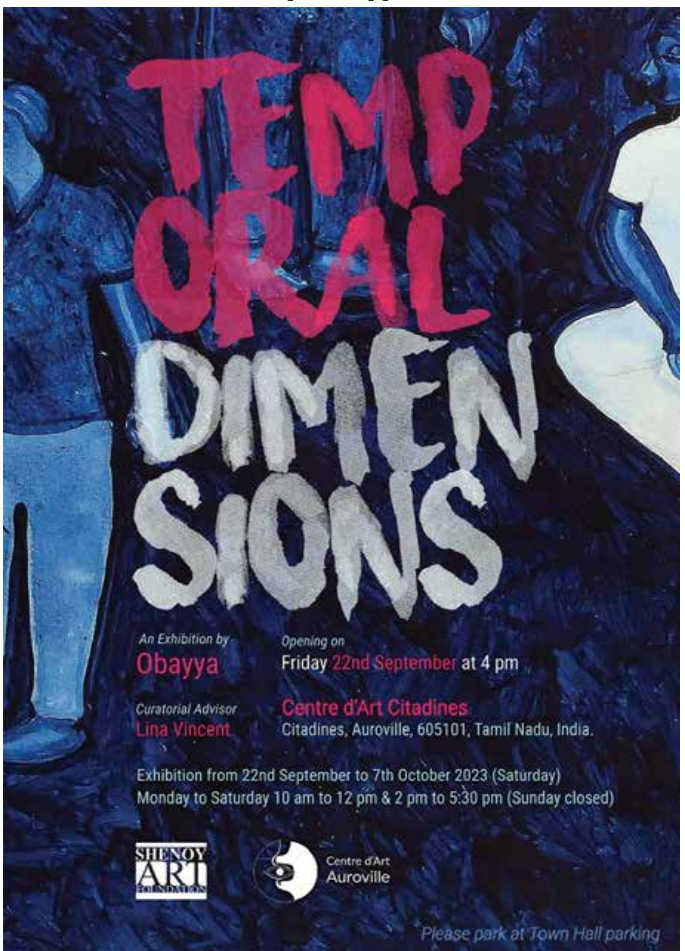
- Written and Directed by Nimmy Raphel
- Performed by Vinay Kumar, Arvind Rane, Ashiq Salvan, Kiyomi Mehta, Sooraj S
- Music arranged & composed by Vinay Kumar & played by Meedhu Miriyam
- Music for Tara and Bali scene composed by: Kirtana Krishna & Vinay Kumar
- Lights Designed by Vinay Kumar & played by Subodh Subramanyam
- Creative Guidance: Anmol Vellani & Vinay Kumar

**Enquiry contact:** Krishna at 9787880211

*Parking available outside the Bharat Nivas main gate*

*Regards, Vani, BN Cultural Team.*

### TEMPORAL DIMENSIONS by Obayya



**TEMPORAL DIMENSIONS**

An Exhibition by **Obayya**

Curatorial Advisor **Lina Vincent**

Opening on **Friday 22nd September at 4 pm**

**Centre d'Art Citadines**  
Citadines, Auroville, 605101, Tamil Nadu, India.

Exhibition from 22nd September to 7th October 2023 (Saturday)  
Monday to Saturday 10 am to 12 pm & 2 pm to 5:30 pm (Sunday closed)

**SHENOY ART FOUNDATION**

**Centre d'Art Auroville**

*Please park at Town Hall parking*

For Obayya, observing and documenting these unknown crowds, and portraying workers in their spaces, became part of his language. Through his work, he subtly draws attention to social hierarchies, notions of class and caste that are ingrained in our culture, and the pervasive inconsistencies that populations have to bear with.



Centre d'Art  
Auroville

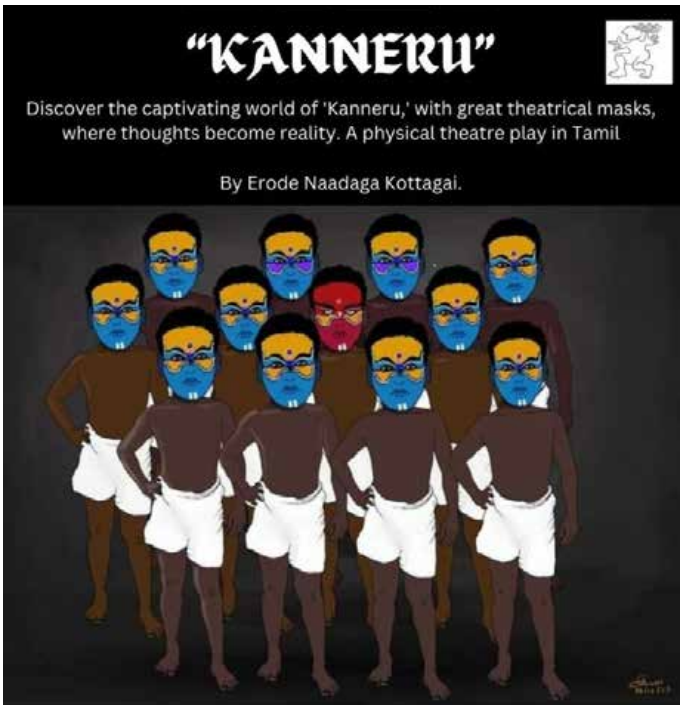
The exhibition '**Temporal Dimensions**' brings together sequentially developed series of artworks by Obayya from the last four years. The paintings, drawings, prints and lately, sculptural installations draw attention to his preoccupation with the human condition, and the truth of lives that are tied to perpetual service in return for basic living needs.

*Lina Vincent 2023*

*Thank you,  
Marco for Centre d'Art*

## KANNERU

Sri Aurobindo Auditorium  
Saturday, 23 September, 7pm  
Duration: 1 hour



**KANNERU.** Discover the captivating world of 'Kanneru,' with great theatrical masks, where thoughts become reality. A physical theater play in Tamil, By Erode Naadaga Kottagai.

The play 'Kanneru' explores the mysterious power of the human mind, which can create and destroy things.

It emphasizes that how we handle our thoughts defines us. Negative thoughts can make a person seem lifeless, and many people today have such pessimistic minds. To protect their accomplishments from envy, people hang 'thirusti dolls' in their homes, believing it will ward off jealousy.

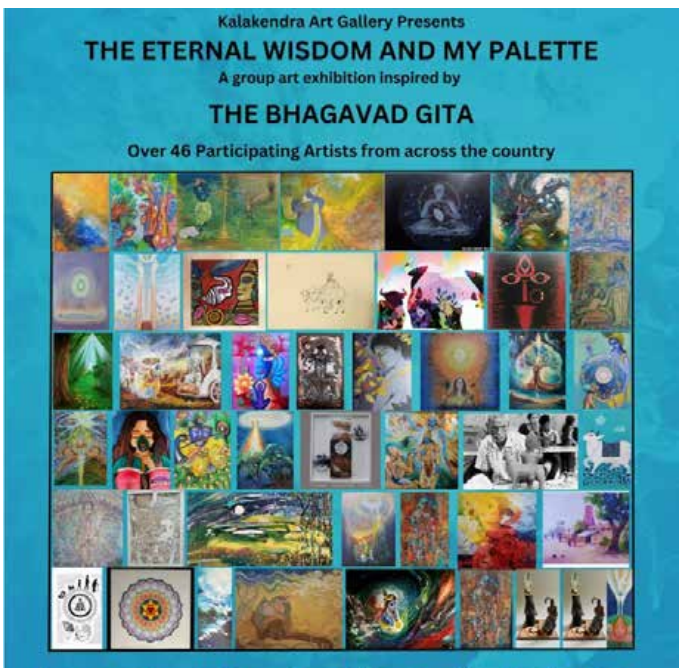
But what if these dolls could actually absorb a person's negative intentions? What message would they convey, and how would people react? 'Kanneru' drama delves into these questions, offering insights into the consequences of destructive thoughts.

9 performers on stage with big masks and live music.

- <https://diy.hostmyshow.com/events/configure/ET00369766?eventType=live&eventCode=ET00369766&venueCode=SAAO&isMultiSession=false&session=10006>

*Regards, Vani,  
BN Cultural Team*

**KALAKENDRA ART GALLERY PRESENTS**  
**The Eternal Wisdom And My Palette**  
Onwards till 24 September, 9—4:30pm  
@Kalakendra, Bharat Nivas



A group art exhibition inspired by The Bhagavad Gita  
Over 46 Participating Artists from across the country

- Open daily from 9 am to 4.30 pm Sundays open
- **Enquiry contact:** Kalakendra Office, 0413 2622488 & Krishna, 9787880211

Parking available outside the Bharat Nivas main gate

Vani

*Activities*

**SITAR CLASS**

# Sitar Class

For beginners

**Heal with Sitar.**

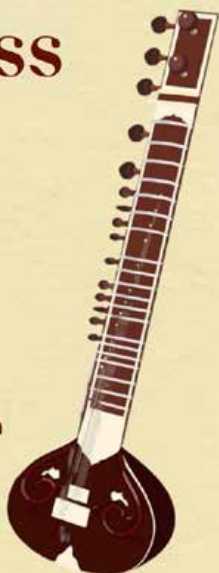
**Everyday 2:30 - 5:30pm**

**Duration: 1 hour**

**Cost: Towards Contribution**

Call/text on **9110654617**

By : Rumi( Auroville volunteer)



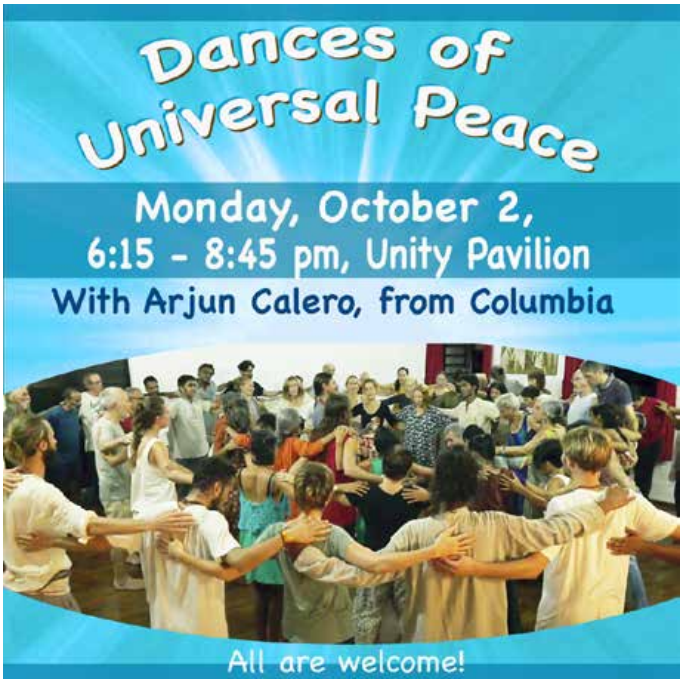
I am a volunteer in Auroville who is interested in teaching Sitar. I am passionate about teaching and I want to share the joy of this music and the healing I have received through it.

*Thank you, Rumi*



## DANCES OF UNIVERSAL PEACE

Monday, 2 October, 6:15—8:45  
@ Unity Pavilion



We are delighted to welcome Arjun back to Auroville after his inspiring visit last December. Arjun is a senior mentor in the Dances of Universal Peace International Network. Dances of Universal Peace are circles of people singing sacred songs and chants from around the world with simple movements that honor and celebrate our spiritual essence and shared aspirations.

**All are welcome.**

- In addition to this special evening, October 3—6 he has offered to share his skills with anyone who would like to learn to facilitate these unifying dances.
- If interested, please contact 9489244823.

*Thank you, Kaia*

## ZUMBA

Zumba classes are happening in the New creation studio.



*Warm regards, Vega*

## SALSA DANCE CLASS

- **Beginner Class:**  
Every Tuesday, 6:30pm
- **All Levels:** Every Saturday, 6:30pm
- **By appointment** any time you can do Salsa, Bachata Kizomba
- **Need To Bring:** Socks, Water, Smile
- **Venue:** New creation Dance studio
- **Register before coming:**  
+918637633696

Mani, @bakisata\_dance



## SWIMMING CLASS

- Kids 6+ & Adults
- Courses from beginners to advanced level
- To book contact +91 8637633696

Mani



## FEMININE DANCE CLASSES IN CRIPA

Feminine Dance classes in Cripa, based on Tribal Fusion and Belly Dance freestyle and combination With 'Masala' music from all over the world, any woman and girl can dance.

- **Tuesdays: All Levels.**
  - Girls: 4—5pm
  - Women: 5:30—7pm
- **Saturdays: Beginners,**  
11am—12pm



Renana, +91986544472 WA

## The Sound of Bamboo

Various Styles of the Indian Flute



### Group Classes With Michael

- Kalabhumi Music Studio
- Every Friday
  - Beginner: 11am—12pm,
  - Advanced: 12noon—1pm
  - Drop in is possible at any time, flutes available to borrow or buy.
- **Contribution:**
  - Aurovilians, NCs, Volunteers & Local Villagers: Free donation
  - Guests: Contribution required
- **More Info:** [www.the-sound-of-bamboo.com](http://www.the-sound-of-bamboo.com)
- **To Donate:** <https://pay.auroville.org/divine-arts>
- **Learn More About Divine Arts:**
  - <https://auroville.org/page/divine-arts>

Warm Regards, Dave, +440 7564119728

[djsevans87@gmail.com](mailto:djsevans87@gmail.com)

## PAINTING CLASSES WITH SATHYA

- **Watercolor Class** By Sathya.  
Every Monday 5—7pm.
- **Life Drawing Session.**  
Every Tuesday 5—7pm.

Contact: +91 9486145072 WA



Warmly, Sathya

## ABHAYA Offers Martial Arts Classes

Abhaya is an Aurovilian Activity that offers classes of martial arts since 2015. Our coaches are former pro-fighters with extensive experience in training and teaching. Our philosophy is to train both the external and the internal aspects of martial arts: test our skill and be confident about the efficiency of the techniques, but also develop an inner sense of progress and become aware of our state of consciousness under pressure, through self awareness and self-discipline. Our classes are open to students of all levels, we have both absolute beginners and students that have already competed in elite tournaments.



### Regular Classes

- **Monday 5:30pm:** Neijia (internal martial arts) and self defense
- **Wednesday 5:30pm:** Grappling and MMA
- **Friday 5:30pm:** Kickboxing and K1

### Contacts

- [abhaya@auroville.org.in](mailto:abhaya@auroville.org.in), 9487340778 WA
- Check our work and follow us here: [https://www.instagram.com/giacomo\\_writer\\_auroville/](https://www.instagram.com/giacomo_writer_auroville/)



### Martial Art Classes For Kids

- **Tuesday, 5:30pm @ Dehashakti Gym.**

Dear Community, Abhaya is receiving a lot of requests about martial art classes for kids.

We are happy to share that we can start offering classes for kids from the age of **7 to the age of 14** for the month of August, every Tuesday at Dehashakti Gym at 5:30pm.

The instructors are Chloe, Brazilian Jiu Jitsu blue belt, and Giacomo, certified instructor of self defense and MMA.

We will mainly offer Brazilian Jiu Jitsu, which is a very safe practice and at the same time one of the most efficient forms of martial art.

- <https://www.youtube.com/watch?v=ZzEB-GtOjys>
- Please contact us to sign up: [abhaya@auroville.org.in](mailto:abhaya@auroville.org.in) or 9487340778 WA

### Bharat Kandare Classes

Abhaya has the great pleasure to host one of the best Indian fighters ever: Bharat Kandare, the first Indian UFC fighter in the history of MMA. Do you wanna train with us?

- **Contact Abhaya** via email [abhaya@auroville.org.in](mailto:abhaya@auroville.org.in) or via 9487340778 WA for more info.



*See you on the tatami,  
Giacomo*

## AUROVILLE TANGO ACTIVITIES



### Monday, Class

7pm intermediates;  
8pm beginners

### Wednesday, Practica

7:30pm guided practica  
8pm practilonga

### Friday, Open Source

6:30-8pm



**Venue: Harmony Hall, Bharat Nivas**

**No partner required,  
bring socks or dance shoes  
and plenty of cheer!**

**+91 98211 66082, [tango@auroville.org.in](mailto:tango@auroville.org.in)**

*Submitted by Aurevan*

## KALPANA GYM



Kalpana Gym  
has a new Caretaker

It is open

- 7—9am & 5—8pm
- Monday To Saturday

**All Are Welcome!**

*Satyakam*



## AUROVILLE BAMBOO CENTRE September Workshops 2023

### Bamboo Centre Campus Tour

Bamboo centre campus tour offers a holistic experience into the world of bamboo all in one place. Takes you from the bamboo sapling, different species, varieties of raw materials, workshops, products, food and wellness services related to bamboo is curated into an educational tour with bamboo tea and refreshments.

- Timings: 9am -12:30pm; 1:30—5pm
- Days: Every day except Sunday
- Registration: One day in advance.



### Every Saturday Auroville Bamboo Tour with Special Bamboo Lunch

- Timings: 11:30am—12:30pm
- Days: Every Saturday
- Registration: One day in advance.

### Training and workshop

The importance of Bamboo as an Eco-friendly raw material capable of meeting many needs and is gaining global acceptance among many people.

Being a natural gift to mankind, bamboo is very popular due to its multipurpose use, fast growth, easy propagation, soil binding properties and short gestation period.

- Daily: Make and Take Hands On Workshops, Experiences and Educational Tours available

### One-Day Make and Take Workshops

#### Furniture Workshop

This Immersive Learning Experience that offers the Opportunity to learn the Fundamentals of Furniture Construction and then MAKE AND TAKE the Furniture Piece Back home. This Unique Workshop will take place under the Guidance of an Expert.

- Timings: 9am—12:30pm; 1:30—5pm
- Days: Every day except Sunday
- Registration: One day in advance.

### 3 Hours Make and Take Workshops

Auroville Bamboo Centre presents

## MAKE & TAKE WORKSHOPS

An immersive learning experience that offers the opportunity to learn the fundamentals of bamboo products under the guidance of an expert.

### JWELLERY, TOYS & MUSICAL INSTRUMENT WORKSHOP





MONDAY TO SATURDAY	09 AM TO 12 PM 02 PM TO 05 PM	3 HOURS
--------------------	----------------------------------	---------

### FURNITURE WORKSHOP





MONDAY TO SATURDAY	9 AM TO 5 PM	FULL DAY
--------------------	--------------	----------

Mobile : 08300949081

Telephone: 0413 2623806

Mail: bamboocentre@auroville.org.in

**FOR REGISTRATION & INQUIRIES :**

**PREBOOK A DAY IN ADVANCE**

Auroville Bamboo Centre  
Kottakarai road, Mangalam  
Auroville, Tamil Nadu, 605 111

## Bamboo Toys

Come and learn to make your own Bamboo Toys at Bamboo centre and take home your own hand made Toys at the end of the workshop.

- Timings: 9am—12:30pm or 1:30—5pm
- Days: Every day except Sunday
- Walk-in registration

## Bamboo Musical Instruments

We at Bamboo Centre are happy to share our vast experience and knowledge gained over 15 years. Come and learn to make your own traditional / folk instruments at our centre from professional crafts men and take home your own hand made instrument at the end of the workshop.

- Timings: 9am—12:30pm or 1:30—5pm
- Days: Every day except Sunday
- Registration: Walk-in registration available

## Bamboo Jewellery

Choose to craft, out of bamboo and learn to make your own Bamboo Jewellery at Bamboo Centre from professional craftsmen and take home your own handmade Jewellery at the end of the workshop.

- Timings: 9am—12:30pm or 1:30—5pm
- Days: Every day except Sunday
- Registration: Walk-in registration available

## Upcomming Workshops

### Bamboo Reinforcement Workshop

This workshop focuses on Bamboo reinforcement technique from bamboo and various natural materials. The Bamboo Reinforcement workshop will take place over 4 days, covering full day intensive sessions offered daily from 9am to 5pm.

- Dates: 27 to 30 September, 9am to 5pm

### For more information, special requirement, and pre-booking contact:

- Preferred through [bamboocentre@auroville.org](mailto:bamboocentre@auroville.org)
- telephone number: +91 8300949081, 0413 2623806
- Flexible training dates offered to groups
- Contact: Voice call and 8300949081 WA

[www.aurovillebamboocentre.org](http://www.aurovillebamboocentre.org)

*Murugan For Bamboo Centre*

## AUROVILLE ONE DAY AND HALF DAY TOURS

Explore Auroville like never before. We will explore community life from different angles and multiple viewpoints. We will embark on a journey to see how a community runs, in general and what makes Auroville, a spiritual community or a living Utopia and its aim to constant progress and growth. Come and spend a day with us.



- **One day tours:** Every Saturday, 9:30am to 5:30pm
- **Half Day Tours:** Every Friday, 9am to 1pm
- **Pre—Registration** is required.
- **Contact us** to know more details: [youthlink@auroville.org.in](mailto:youthlink@auroville.org.in) and +91 85248 25120 WA
- Here is the link for the itinerary, fee and other important details:
  - [https://drive.google.com/drive/folders/1tGQNBGLtSxZKGulnpwhQTPNaUIAJomDU?usp=drive\\_link](https://drive.google.com/drive/folders/1tGQNBGLtSxZKGulnpwhQTPNaUIAJomDU?usp=drive_link) or
  - please scan this code to know more.



*Regards, Bondeepa*

## ENLIGHT ACTIVITIES

### Auroville One Day Tour



## Auroville One Day Tour

Imbibe the Auroville experience and journey through the cultural diversity of the international township

- Journey of Auroville
- Village crafts
- International zone
- Forest walk
- Sustainable farming
- Drumming circle and bonfire

One Day prior booking needed

\*Including Lunch

**ENLIGHT**  
Light of Auroville

+91 91594 68946

+91 82700 71581

[enlight@auroville.org.in](mailto:enlight@auroville.org.in)

### Time To Travel

**ENLIGHT**  
Light of Auroville

## TIME TO *Travel* to beautiful places

You can definitely count on us for tourism. We will provide all kinds of services required for our tourism.

#### Package details:

- Travel arrangements at 2 locations.
- Accommodation.
- 1/2 tour guide.
- Private car.

**Book now**

☎ 082700 71518/ 91594 68946/ 76398 10621  
[enlight@auroville.org.in](mailto:enlight@auroville.org.in)





## BIOREGION VILLAGE TOUR

Take a break from your city life and dig deep into the heart of rural villages around Auroville where a land of peacefulness, farming and ancient customs still exists.



Traditional Welcome



Village Walk



Kolam Experience



Handicrafts



History and Culture



Native Lunch



One day prior booking

For inquiries  
Scan here



[enlight@auroville.org.in](mailto:enlight@auroville.org.in) +91 91594 68946, +91 82700 71581

## Township Cycle Tour

Radiating out beyond the Matrimandir Gardens are Four Zones and a Green ecosystem, each focusing on an important aspect of the township's life.



Industrial Zone



Green Belt



Residential Zone



International Zone



Cultural Zone



One day prior booking

For inquiries  
Scan here



[enlight@auroville.org.in](mailto:enlight@auroville.org.in)  
+91 91594 68946 / +91 82700 71581

## EXPLORATIVE EDUCATIONAL EXPERIENCE

Experience Auroville and travel through the cultural consciousness of the international township



Arts and Crafts



Visitor Center



Resident Family Visit



Units and Activities



Ecological Farming



Bonfire & Drumming



Spiritual Journey



Canyon Exploration



Nature Trail



[enlight@auroville.org.in](mailto:enlight@auroville.org.in)  
+91 91594 68946, +91 82700 71581

One day prior booking

For inquiries  
Scan here



**UPDATE FROM DONATION CHANNELING GROUP**

Dear Friends, This is to inform you that the new donations channeling processes are undergoing feedback review and auditor's vetting. So the last date announced for project/ unit registering by 31 September is under review. We will update you when the process is ready to begin.

Meanwhile, the current processes for donations continue as has been happening till now.

*Donation Channeling Group, Naren & Sandeep*

**SUPPORT****Accessible Auroville Public Bus Service**

Accessible Auroville Public Bus service started in 2016 with help of an Italian donor, who contributed to purchase a public bus to Auroville. Since 2016, we have received good support from Aurovilians, guests and all. The service self-sustained by collecting contributions from the bus users to cover the running expenditures.



We were supported by the AVI Canada to cover the yearly maintenance like, Insurance, Fitness Certificate, Yearly Maintenance of the vehicle. Since the covid-19, the users of the bus have reduced and it became hard to cover the running cost of the bus. Therefore, we often request help from the community to support. We tried different options to increase the bus users but still no progress. Only during the season, the bus is filled with people. So, it shows that most of the aurovilians are willing to use the individual vehicles to visit Pondicherry, other than using the public transport.

We do not get any financial support from the BCC for our monthly running cost or yearly maintenance. We tried a few times with BCC to support the public transport in Auroville to avoid an increase of individual transports, taxis, etc,. It was never accepted by the BCC since 2016.

Therefore, we invite Aurovilians, New Comers, Volunteers and Unit workers from Pondicherry to use this service to support the public transport in Auroville. While increasing the number of users, the service will sustain itself without any financial crisis. So far, the service could function because the financial gaps were generously covered by advances given by Auroville Vehicle Service, but it cannot continue.

- **Let us join together to reduce the carbon footprint and the traffic around us.**

By supporting public transport, you could have a safe Journey, reduce the carbon footprint and save money.

Last week, we took an advance of a lakh rupees to cover the annual maintenance of the bus (Repainting the vehicle, renewal of bus insurance, mechanical work, tyres replacement etc,.). We need to pay back this amount to Auroville Financial service in a month. Therefore, we kindly request you to contribute small or big to cover the loan amount.

- **For donations Avbus A/c No : 251675**

**Details of works to be done**

- Re-Painting of Bus—Rs.15,000
- Tinkering work—Rs. 11,000 (Body + flooring + rear door)
- Tyres Replacement—Rs.21,500 (2 rear Tyres)
- Seat repair + Seat cover replacement: Rs.18,000 (10 seats)
- Renewal of Insurance: Rs.31,000 (2023-2024)
- Mechanical works: Rs.8,150

- **Total : Rs.1,04,650**

*Raju for AAPB Team*

## MAATRAM NEEDS SUPPORT



Maatram is moving to its new premises in Arka. To make this space conducive, functional and inviting for our work in psychological health and counseling, and to create more therapy rooms, there is a need for some construction/civil work to be done.

As we do not generally receive direct payment/contribution from Aurovilians, Newcomers and volunteers for our services, our available funds are sufficient only for our routine expenses.

For this extra construction work in setting up the space, we are reaching out to the community for support. If you align with the cause and our work, and would like to support us, we would be grateful for any contributions to support this work.

- The amount can be transferred to A/c no. **240001** Unity Fund with, 'For Maatram' in the description.
- If you have any more questions, please email us on [maatram@auroville.org.in](mailto:maatram@auroville.org.in).

You can also visit our website [maatram.org.in](http://maatram.org.in) for more details about our work.

*Warmly, Megha for Maatram*

## ARULVAZHI EDUCATION CENTER SEEKS FUNDS

### Request for Contributions

**Arulvazhi**, an outreach school being a unit under SAIER, is located in Morattandi village. The school was started in the year 1984 by Sri Varadarajan and Syamala, with varied contributions from few other Aurovilians, in the process of integrating villages into Auroville as told by the Mother.

The school offers yoga, learning through computers, dance and music, art and craft, Savitri recitation and other activities for the children, following as far as possible, the five aspects of education, as envisaged by The Mother and Sri Aurobindo.

There are also well-being sessions given to the women of the village.

A year ago, Arulvazhi had taken a loan to pay towards reclaiming a small piece of land, which served as an access to the school. The school is solely dependent on the budget from SAIER and a few donations from the well wishers, which is making the repayment of the loan challenging.

Arulvazhi is requesting contributions so that they can go towards the payment of the loan.

our mail id is [arulvazhi@auroville.org.in](mailto:arulvazhi@auroville.org.in)

*For Arulvazhi Education Center,  
VelMurugan*

## AUROVILLE MUSHROOM RESEARCH PROJECT

### Looking for Dehydrator



exciting research project to learn more about fungi.

Dear community, I am doing a research project on Auroville mushrooms and am looking to borrow an electric food dehydrator/drier for the next six months. Hoping someone in Auroville has one they aren't using and can help me with this

*Thank you! Milla,  
[milladenhollander@gmail.com](mailto:milladenhollander@gmail.com)  
or 0031644668946*



## YOUTHLINK MATCHING DONATIONS CAMPAIGN



**YOUTHLINK**  
Matching donation  
campaign

All donations you make to us from August to December 2023 will be doubled!

**1 + 1 = 2**  
Your dollar      Matching Dollar      Double the Impact!!

**GOAL:**  
10 LAKH RUPEES

AS OF SEPTEMBER 01: **68,000 RS!**

Find out more through our website: [Youthlink.org.in/](http://Youthlink.org.in/)

The poster features a large group of diverse young people smiling, set against a teal background. A yellow heart icon is positioned to the left of the group. The goal and current progress are highlighted in bold green text at the bottom.

YouthLink has been provided the amazing opportunity to raise funds through a matching donation campaign. This means that whatever donation you make between now and December gets doubled!

So you may be asking yourself, what is YouthLink?

We are a diverse group of youth from Auroville who work towards creating a positive impact in Auroville. We largely cater to the youth of Auroville (ages 16-30), and work towards providing opportunities and experiences. Our main scopes of work are to empower, integrate, and connect young people through our educational workshops, integration programs, and community gatherings. We create opportunities for links within the community that we believe should go together; such as teachers to students, initiatives with similar scopes, work opportunities with job seekers, and people who can support one another; such as mentors to mentees or newfound friendships.

Our team is ever-growing and evolving. Currently at 10 members, we are a diverse and proactive community with a common mission and intentions which enable us to work efficiently and harmoniously.

We are also actively improving our organizational structure in order to maintain and increase our efficiency and harmony, experimenting with different methods of decision making, non-hierarchical structures, and management of responsibilities. Our current method embraces the values of self motivation and encourages proactive responses, providing our members the opportunity to explore self discipline and growth, while retaining a macro perspective of our society and the world.



So how can you help, and why?

We currently receive a budget from BCC (4 maintenances plus 5,000Rs budget), however it only covers approximately one third of our monthly expenses.

Our hope is that our matching donation campaign can collect enough money for these maintenances, so that YouthLink can continue to offer free programs.

We also believe that YouthLink currently serves a secondary purpose of being an informal training center, for the organization produces youth that are well connected within Auroville, have a strong understanding of Auroville's structures (both social as well as organizational), and are proactive and vibrant, both as individuals and in teams.

And we believe that we can still do more. Every day there are interesting offers and opportunities of collaboration

that find us from inside and outside Auroville, as well as ideas from our team. We currently find ourselves not having the time and space to fully concentrate on all the avenues we could explore, hence we are also looking to expand the team in the near future, moving into avenues such as intensive courses and vocational training.

When you donate to YouthLink, you will be providing a team member the opportunity to develop capacity and grow through work, and in extension be offering invaluable programs to the Auroville community as well, such as safety and boundaries workshops, first aid courses, and Auroville introduction programs; which all work towards creating a safe environment for our youth to grow up and to continue the experiment of human unity and collective living. We are constantly researching and communicating with the community to find which areas to focus our efforts!

Please consider supporting us on our journey to shape the future of Auroville through your financial means!

- You can find more information about us on our website: [youthlink.org.in](http://youthlink.org.in) or visit our office at Town Hall, under Le Morgan (open to visitors: Monday to Friday, 10am—12pm).
- Please consider supporting us through Financial Service account: 251048 YouthLink
- Or through unity fund, [link provided on our website](#).

Remember, with each donation, double the impact! :)

**Namu For YouthLink Team**

## *Honorary Voluntary*

### **CALL FOR FARM VOLUNTEERS**

**At AuroOrchard farm, join us from Monday to Saturday  
7am to 9am OR/AND 9:30am to 12pm**

- Learn to work with plants and soil
- Observe farming systems in a large and established farm
- Work with a diverse and dynamic group
- Enjoy breakfast with us at 9am with produce sourced from the farm.

A poster for AuroOrchard featuring a background of green leafy vegetables. At the top left is the AuroOrchard logo, a stylized plant inside a circle. The text 'AuroOrchard' is to its right. Below the logo, the main headline reads 'Volunteer and learn farming hands-on!' in a large, bold, white font. To the right of the headline is a small illustration of a pair of scissors and a wheelbarrow. Below the headline, a paragraph states: 'AuroOrchard is the oldest and one of the largest farms in Auroville, contributing significantly to the food needs of the community.' Another paragraph follows: 'Join us to learn to work with the soil, plants and food while sharing with a diverse group of people. We offer breakfast made with farm produce.' At the bottom, there is a table with two columns. The left column is titled 'JOIN US!' and lists 'MONDAY to SATURDAY' and '7AM TO 9AM and/or 9:30AM TO 12PM'. The right column is titled 'PLEASE REACH OUT TO US FOR ANY QUERIES!' and lists 'EMAIL: auroorchard@auroville.org.in' and 'WHATSAPP: 9566631079 (Nidhin)'. There are small decorative icons of a bee and a snail at the bottom right.

No former experience or skill required. Minimum physical ability is needed.

#### **Please contact**

- email: [auroorchard@auroville.org.in](mailto:auroorchard@auroville.org.in)
- voice call: 9882685365 (Anshul)
- WA: 9566631079 (Nidhin)

**Nidhin, for AuroOrchard team**  
<https://auroorchard.auroville.org>



## GAU SEVA AT SADHANA FOREST!



Your heartfelt service is needed at the Sadhana Forest Gaushala!

You are most welcome to join us on any day **from 7am onwards**, and have a vegan breakfast at **8:45am**.

Breakfast is offered as a gift, and there is no need for prior booking. If you would like to contact us:

[sadhanaforest@auroville.org.in](mailto:sadhanaforest@auroville.org.in),

8525038274WA or call 8122274924

*Looking forward to welcoming you!  
The Sadhana Forest team,  
warmly, Shek*

## KUILAI CREATIVE CENTER

### Looking for Volunteers

Dear friends, we are looking for volunteers who could help in

- **Teaching English** lessons to Beginners and Intermediates (Children and Adults)
- **Tailoring lessons** during Monday to Friday.
- Also, people who are willing to **teach Hindi and French**.



Kindly contact:

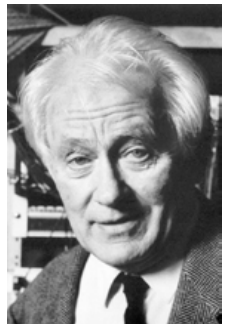
- [kulaicreativecentre@auroville.org.in](mailto:kulaicreativecentre@auroville.org.in)
- + 918608473385 WA / 9843195290 WA

*Selva from KCC.*

## *Looking For*

### Information Regarding Georges Charpak's Visit To Auroville

As some may know, I am writing Goupi's life story and I am desperately seeking information regarding Georges Charpak's visit to Auroville about which he told me. Goupi had the incredible chance to meet this great French physicist (1924-2010), Nobel Prize winner in physics (1992), but he no longer remembers the year of this visit. I have searched without success at the French Pavilion, the Auroville archives, the Ashram and even the Alliance Française de Pondicherry, asked a few of you but perhaps I missed the right person, the one who would remember.



- If anyone remembers this visit, then please contact me on 8826584796 or +34685595133 WA

*Thanks a lot, Christine*

### Seeks House Sitting

I have lived in Auroville since childhood until going out for higher education. I am returning in January with my partner, and looking for a house sit, a minimum of 6 months, possibly longer. I will take good care of the home, garden and pets. References available. **Nitzan**



**Contact via Marlenka  
9486363525 WA**

## Looking For House To Sit

Dear Auroville family, I'm Chloé ex aurovilian, who was working at AV radio. I'm now back with my 4 years old daughter as a volunteer for 9 months. We are housesitting until the end of October and are looking for another place to stay, if possible until the end of our stay (beginning of April), at least a few months. We'll be glad to take care of your house, plants, and pets. Contact me at 9042059543 or [radiochloe@gmail.com](mailto:radiochloe@gmail.com), thank you!



Peace and Light, Chloé

## *Taxi Share*

### To Bodhi Zendo, 3 or 4 October, back 10 October



Hello, One person is traveling to Bodhi Zendo on October 3 or 4 and returning 10 October. If you are also traveling there and would like to share transport costs, please contact +91 9442300518.

Thank you, Ing-Marie

## *Work Opportunities*

### HOUSING SERVICE RECRUITING

#### Civil Engineer

We are recruiting for a Civil Engineer for Auroville Housing Service. Those who meet the criteria below are eligible to apply. The deadline to apply is two (2) weeks from the date of publication of this notice. Full maintenance is available.

#### The Job Overview

We are seeking a dedicated civil engineer to join our team. You will collaborate with other engineers and contractors to create effective and sustainable infrastructure designs to improve Housing Service, repair and maintenance services.

As a civil engineer, we hope you can put your passion for design and execution to create beautiful, lasting, and sustainable cornerstones for all the assets under Housing Service.

#### Your duties will include

- Striving to deliver infrastructure facets that will serve for a minimum of 20 years with proper maintenance.
- Reviewing and evaluating all prints and plans for structural, ethical, and sustainability concerns
- Developing and bidding on proposals and maintenance plans for the structure before implementation
- Managing and hiring contractors, subcontractors, and structural engineers as needed to ensure budget and timeline adherence
- Enhancing dialogue between all parties involved
- Filing reports at each project milestone, informing the Housing Service office so that regular evaluations can be conducted
- Monitoring project completion status and presenting progress reports at the end of each quarter
- If any projects fall behind schedule, putting forward plans and methods of shoring up the project timeline

#### Responsibilities

Below are some of the responsibilities a civil engineer is expected to assume in their position:

- Oversee all designs created for the project

- Create regular project progress reports in the provided template
- Deliver project assets on time and under budget with feasibility
- Create designs in all requested media formats
- Work to ensure that the project progresses at an acceptable rate, barring unavoidable interference (e.g., delays due to unexpected weather)
- Manage budgets and project resources
- Schedule material and equipment purchases and deliveries
- Make sure the project complies with legal requirements, especially health and safety
- Prepare public reports, such as property and right-of-way descriptions, bid proposals, and environmental impact statements.

### **Job Qualifications and Skill Sets**

Below are the qualifications expected of a civil engineer:

- Bachelor's degree or higher in civil engineering; master's degree in civil engineering a plus
- Proficiency in English, Tamil and Hindi
- Minimum two years in a professional engineering firm or one year spent as a freelance engineer
- Having passed the Principles and Practice of Engineering exam
- Strong mathematical and analytical skills
- Project management in accordance with Govt standards
- Strong problem-solving and communication skills
- Soft skills including:
  - Negotiation
  - Supervisory
  - Leadership
  - Verbal and written communication
  - Ability to adhere to budgets, submit necessary budget amendments, and adhere to timelines
- *Ability to create and modify Autocad drawings as and when necessary.*
- *Full maintenance / Salary will be provided.*
- *This is strictly a full time opportunity, part time option not available.*
- *Full confidentiality to be maintained, Non Disclosure Agreement may be needed.*
- *Any conflict of interest to be acknowledged immediately to be submitted to the Housing Service Team preferably in writing.*

### **Contact or send your CV to the following email**

- [housing@auroville.org.in](mailto:housing@auroville.org.in)
- The office timings:
  - 9:30am—12:30pm
  - 2:30—4:30pm

Piero

*Looking for a Job*

### **Administrator Position Wanted**

Competent, highly recommended woman Administrator is looking for a secure job, preferably in the northern half of AV. Aged around 40, she has 15 years experience looking after the day-to-day needs and problems of an AV unit. Speaks excellent English and Tamil. Has own moped for transport.

- For more info contact Tim at Aurelec ph. 2622296 or home 2622381, or email [timwrey@auroville.org.in](mailto:timwrey@auroville.org.in)

Tim

## *Work Opportunities*

### **RECEPTIONIST JOB for the Auroville Housing Service**

We are recruiting for a Receptionist job for the Auroville Housing Service. Those who meet the criteria below are eligible to apply.

- The deadline for submitting applications is two (2) weeks from the date of publication of this notice.
- Full maintenance is available.

#### **Receptionist Job Responsibilities**

- Serves visitors by greeting, welcoming, and directing them appropriately.
- Attends phone calls and fixes appointments
- Notifies inter departmental personnel of visitor arrival.
- Informs visitors by answering directly or referring inquiries.
- Maintains security by following the books of procedures, monitoring logbook,
- Keeps a safe and clean reception area by complying with procedures, rules, and regulations.
- Supports continuity among work teams by documenting and communicating actions, irregularities, and continuing needs.
- Contributes to team effort by accomplishing related results as needed.

#### **Receptionist Qualifications / Skills**

- Telephone Skills
- Verbal Communication
- Listening
- Professionalism
- Customer Focus
- Organization
- Informing Others
- Handles Pressure
- Supply Management—supports ADMIN— purchase department

#### **Education, Experience, and Licensing Requirements**

- University/college degree is an asset
- Familiarity with phone systems
- Previous experience with Microsoft Office software preferred

#### **From HS side**

- Full time maintenance.
- Experience in handling multi dimensional requests.
- Collaboration between departments and team members.

**Contact or send your CV to the following email:**

- [housing@auroville.org.in](mailto:housing@auroville.org.in)

**The office timing: 9:30am—12:30pm & 2:30—4:30pm**

**Piero**



## *Foods, Goods and Services*

### VEGAN LUNCH

#### in Red Dot Cafe



Café Red Dot  
The Conscious Café

Low carb—vegan office lunch in Red Dot Cafe, Upasana Sign-up lunch scheme.

[upasanasred.cafe@gmail.com](mailto:upasanasred.cafe@gmail.com)

Uma

### DISCOVER THE MAGIC OF HEMP AT HEMPLANET!

# HEMP STORE

---

Hemp Foods

Body Care & Wellness

---

Open Mon - Sat  
**10:00AM - 4:20PM**  
Come Now

---

SCAN ME

Reve Compound, Building 1, Auroville

[www.hemplanet.in](http://www.hemplanet.in)

[@hemplanet\\_auroville](https://www.instagram.com/hemplanet_auroville)

Dive into a world of nourishing hemp delights at our Hemp Store. From the heartiness of hemp hearts, the richness of hemp seed oil, to the rejuvenating touch of hemp body care, we've got it all. Whether you're a hemp enthusiast or just curious, come chat with us and explore the wonders of hemp!

- Hemp Food Selection:
- Hemp Hearts
- Hemp Seed Oil
- Hemp Protein Powder
- Hemp Granola Bars
- Hemp Pasta & more!
- Hemp Seasonings
- Hemp Body Care Treasures:
- Hemp Soaps
- Hemp Shampoos
- Hemp Balms
- Hemp Body Butter
- Hemp Seed Oil
- Visit Us: Monday—Saturday, 10am—4:20pm
- Location: Reve Area, 1<sup>st</sup> Floor, Building 1, Auroville

Davide

## FIBER OPTIC AND IT TROUBLESHOOTING AVAILABLE



I am Ramakrishnan Aurovilian experienced in the fiber internet field (Ftth) for 8+ years and gained more knowledge in creating-on new fiber internet infrastructure and IT troubleshooting work for our

Auroville community Since 2015

And I am happy to provide the below services to our Auroville community

- **Internet speed;** Boosting up for dual bands 2.4 GHz or 5 GHz
- **Wired/wireless;** Fibre ONT modems, Routers, Switches installation/repairing work
- **Fiber optic cable;** Joining, power loss troubleshooting, laying/pulling work inside and outside your house
- **CCTV;** Configuration/Installation/repairing work inside and outside your house
- **Smart-TV/laptops/printers;** Configuration/Installation/repairing
- **Other network communications devices;** Configuration/Installation/repairing

For any internet-related issues/complaints,

- **Please feel free to contact me:** Ramakrishnan, 9943919899, [ramkrishna@auroville.org.in](mailto:ramkrishna@auroville.org.in)

*Ramakrishnan*

## UNITY TRANSPORT SERVICE



Unity Transport Service would like to thank you for being our precious client for all these years. We are extremely happy to be at your service at any time. We are located in the service area and work 24x7. As we are a registered unit, we can provide you with a GST bill for your accounting procedures.

We would like to convey that we have experienced drivers that have been with us for the last 15 plus years.

**We have a full range of taxis now**

- Toyota Etios: 4+1 seater
- Maruti suzuki Ciaz: 4+1 seater
- Maruti suzuki Swift: 4+1 seater
- Toyota Innova: 7+1 seater
- Toyota Crysta: 6+1 seater
- Load carrier
- Tempo traveler: 14 + 1 seater
- Buses
- Any Taxi bookings can be done directly to our UTS office.



- **The contact numbers are,**
  - **Landlines:** 0413 2623586, 0413 2623587
  - **Cellphones:** 9047015801, 9443362218
  - **Email:** [uts@auroville.org.in](mailto:uts@auroville.org.in)

Thank you so much for the support you have extended to us all these years.

*Regards, Lakshmi  
For UTS Transport Service Team*



## ORGANIC QUALITY MILK AVAILABLE

Organic quality milk available, Morning/  
Evening, from Sakthi Natural Garden

- For reservations contact 9585180393

*Erumalai (Evergreen)*



## SURABHI SUPPLIES

Dear Auroville Community, **Surabhi Supplies** is dedicated to aiding individual community members, units, and projects in acquiring a wide range of materials and equipment, including but not limited to construction supplies, appliances, machinery, and more.



Our service offers several advantages to the community, such as **reduced prices achieved through bulk purchases and volume-based discounts**. We have established strong partnerships with various manufacturers and dealers who share our commitment to advancing Auroville's development.

Our primary goal is to streamline the procurement process for everyone, thus saving valuable time, energy, and costs while providing a high level of service to the community.

- **If you have any inquiries**, please don't hesitate to reach out to us at:
  - [surabhisupplies@auroville.org.in](mailto:surabhisupplies@auroville.org.in)
  - +91 98438 46458 WA/Call

*Thank you, Iyyappan for Surabhi Supplies*

## RAPID CARE SERVICE

Rapid Care Services has been serving the community at its best capacity.

Over the period of 6 months, we have made a lot of improvements with our services and technicians in order to cope with quality, beauty and time, which are the 3 mandatory factors that we work on.

Rapid Care Service, as an Auroville activity, is dependent only on Aurovilians and Auroville, while we also do not take advantage of our own community in terms of rate and quality.

We make sure the work is completed on an economical budget without compromising quality.

Please use Rapid Care Services to keep Auroville's economy healthy, and rotational to benefit Auroville as a whole.



### List of services provided by Rapid Care Services

- Aluminum channel work
- Welding, Carpentry
- Masonry—renovations and remodulation
- Plumbing, Painting, Insect Treatment
- Fencing
- Electrical
- Washing machine repair & installation,
- A/c repair and installation,
- Inverter repair and installation,
- Dth repair and installation and
- Furniture purchase assistance

Kindly contact us and hire our services at the below mentioned contact details.

- Balaji, 8270071581, Arun, 7639810621
- [rcsrapidcareservices@gmail.com](mailto:rcsrapidcareservices@gmail.com)
- [rapidcare@auroville.org.in](mailto:rapidcare@auroville.org.in)

*Balaji and Arun for Rapid Care Team*

## MARC'S CAFÉ

**will be closed from 25 to 27 September**

Dear Community, Marc's Café will be closed from 25 to 27 September as we will be participating in 'World Coffee Conference' and our team is participating in National Barista Championship going to be held at Bengaluru Palace, Bangalore.



- If you have any requirement of coffee beans within this period of time, we would like to request you to kindly order and get it by Sunday, 24 September.

*Thank you, Coffee Ideas Team! Matilde*

## POTTERY SALE

**Pottery clearance sale at Bhu ceramics.**



**18 to 23 September At Auromira compound,  
next to Auroyali, International zone**

*Warmly, Nausheen: 9487833736*

## FREE STORE OPENING TIMES

**Morning hours:**

- **Monday to Saturday:**  
8:30am—1pm

**Afternoon hours:**

- **Tuesday and Thursday:**  
2:30pm—4:30pm



We kindly request that you bring clean, washed, and usable clothes for exchange at the Freestore. Your cooperation in this regard would be greatly appreciated.

*At Her Service, Kamala For the Freestore team*

## JOIN DROPZY

**Products and services  
from in and around  
Auroville.**

Dropzy is a mobile app marketplace for Products and Services from in and around **Auroville** helping to deliver it at your door-step.



**Dropzy** is a mobile app marketplace for ordering from a wide range of in and around Auroville eateries, grocers, bakers, farms, etc and has partnered with ITS (Integrated Transport Service) whose delivery personnel will pick up the orders from the outlets/stores and deliver them to the customers at their doorsteps.

**Dropzy** works by providing a complete ordering and delivery solution that connects the existing neighborhood outlets/stores with the comfort and convenience of ordering from home.

Find new customers, build your business and grow your sales. Increase your order volume, drive more revenue and improve profitability with help from **Dropzy**.

- **Register your Unit/Activity**  
Click on this link: [www.dropzy.in/join-dropzy](http://www.dropzy.in/join-dropzy)
- Know more about **Dropzy** on [www.dropzy.in](http://www.dropzy.in)

*Regards, Sathish Arumugam For Dropzy*

## NOWANA HOME DELIVERY

**NOWANA Delivery**

# MONSOON



**Sep 1 to Nov 30**  
Stay dry and enjoy your favorite  
NOWANA at home

**91 73396 43557**  
**0413 296 5490**

*Gumsoon For Nowana Korean Restaurant*

### HAIRDRESSER

For your and/ or your child's next haircut: inspired, striving for the perfect, 11yrs young artist Aha-na looks after your and/ or your child's hair and well being.

After everyone who came was happy and content, we are now requesting short and long **Hair Models** to step forward and try something new and beautiful!



- For an appointment kindly contact 9751513906 (all messenger providers, no calls) or [essence.touch@yahoo.de](mailto:essence.touch@yahoo.de)

*Lovely day, Ulrike Urvasi*

### RUPAVATHI JOY ACTIVITIES

#### Bio-region Temple Tour

- Every Sunday, Tuesday and Saturday, 9am—12noon, starting from Solar Kitchen



If you want to participate, please book it in advance

#### Indian cooking

- Every Monday to Friday 12 to 2 noon  
Evening 5 to 6:30 pm at Creativity.
- Every Saturday and Sunday, 10am to 5 pm



If you want to participate, please book it in advance

#### Thai Massage

- 12—2noon, 5—7pm every day at Creativity

If you want to participate, please book it in advance:

#### Tailoring

Any kind of Dress, Blouse, Kurtis can be done.

#### Contacts

- +91 8098845200, Voice and WA
- [rupavathijoy@gmail.com](mailto:rupavathijoy@gmail.com)

*Rupavathi Joy*

## ĀDESHA

Ādesha offers its services voluntarily in gratis (Pro Bono) for the below areas only to individuals/ activities who/ which do not have a qualified and experienced in-house resource.



- **Focus:**
  - Startups: Products and Services
  - Concept Note Writing, Project Proposal and Pre-defined Application Form Preparation, Financial Projections—Guidance only
  - Email, Instagram, WhatsApp and LinkedIn Marketing, Business Communication and Content Writing—Guidance only
- **Contact Details:**
  - Name: Surajkiran
  - Mobile: 98842 04918, Voice and WA
  - Email: [surajkiranv@gmail.com](mailto:surajkiranv@gmail.com)
  - Location: Auroville

*Regards, Surajkiran*

## LATEST NEWS

### FROM INSIDE INDIA TRAVEL SHOP

Mr. Ganesh our Travel Consultant will be at our **Kalpana office from 10am till 4pm, Monday to Friday**. Saturdays only on appointment. He can also be contacted anytime by phone



- or +919894598686WA,
- or by email: [travelshop@inside-india.com](mailto:travelshop@inside-india.com)
- **Ethiopian** airline special offers are available from Chennai to Rome, Paris, Istanbul, Tel Aviv and Zurich.
- **Royal Nepal** airline has direct flights from Bangalore to Kathmandu on Tuesday, Thursday and Saturday.
- **The new 2024 summer destinations for the popular Airbus A380** are now available for booking!

From March 31, 2024, the popular giant A380 will fly from Delhi to Munich. From March 31, 2024, the A380 will take you directly from Munich to many destinations worldwide. To Los Angeles, flights will thus start as early as 26. October 2023. From March 31. 2024, the A380 will take you to the East Coast every day to Washington, New York (JFK) and Boston.

*Joster*

## *Voices and Notes*

### ZOROASTRIAN CAT

In Aspiration community lived Adil Writer and his cat. Adil is Parsi. Parsi are Zoroastrians: Zoroastrianism is teaching (religion) from ancient Persia (now Iran). They are worshipers of fire, and in their temples there is permanently a fire.



Once in my dream I saw Adil and his cat in a temple near a fire. They both worshiped fire. I'm now sure that they are both Zoroastrians. There are many Zoroastrians. For example the famous Tata was Parsi.

There is a Latin expression 'Lux ex Oriente'—'Light from East'. Zoroastrianism was born in Asia but it spread into the West as well. For example, Nietzsche Friedrich Wilhelm lived in Germany in 1844-1900. For nine years (1883-92) he wrote the book 'Also sprach Zarathustra' (Thus spoke Zarathustra).

Adil in his time at Aspiration liked the Japanese word 'Wabi' (temperance) and he gave his cat the name 'Wabi'. In Japan this word very common. Many Japanese have life style Wabi-Sabi. Cat was both temperance and Zoroastrian.

*Boris*

## A LIMB JUST MOVED



You taught Your songs to the birds first,  
Why was that?

And You practiced Your love in the hearts of animals  
before You created man,

I know the planets talk at night  
and tell secrets  
about  
You.

A limb just moved before me,  
the beauty of this world  
is causing me to  
Weep

Mirabai, 1498—1547

## PASSWORD

Dear Lord,

Thou hast created the worlds  
as Thy fields of play;  
The countless forms, hues,  
scents and sounds  
Are Thy robes, paints  
and playful rhythms.

Our will is  
Thy will direct or distorted.

Our dreams are  
Thy dream perceived and embodied.

Our actions are  
Thy learning by trial and error.

Our achievements are  
Thy steps on the Way.

Our failings are  
Thy use of rebound from the abyss.

Our speech, thoughts and feelings  
Are Thy meandering explorations.

Thou hast given us the right to play  
For Thee,  
Against Thee,  
As Thee.

Thou dost ever renew Thy game  
And reset the password;  
So that we get lost time and again,  
Yet still feel our way back to Thee  
In whatever way.

With joyful Gratitude, Anandi Z.

**FOREST MAINTENANCES UPDATE, 19/9/2023****Budgets and Maintenances**

As of the 1 June, all City Service support for our service was stopped. That meant that the budget that goes towards paying 60 employed forest workers and watchmen, which help to develop and protect the 1260 acres that the Forest Group manages for the community, was cut without prior notice. These are the men and women who have helped the Auroville forest and green infrastructure grow and flourish and have helped protect the land from encroachment and from erosion and thus improving living conditions and securing our water. Many have worked their entire working life, dedicated to this. The financial impact on these employees, and the families they support, is severe, along with the social impact concerning their relation to Auroville.

All the Forest employee's data has been collected for making their gratuity claim. As these employees are supported by City Service, this claim has been sent to the BCC and the GB FAMC. In the past forest employees have had their gratuity paid from the AV Service Gratuity Account, the precedence is there. As well as their entitled gratuity, a claim for 4 weeks payment in lieu of notice is also claimed as the budgets were cut without notice. As of yet no receipt of this claim has been furnished.

The financial cuts also meant that 38 Aurovilians who received a maintenance or partial maintenance, had their maintenance terminated and were put on a temporary care package, which equates to Rs4800 (Rs2200 lunch scheme, Rs2000 in kind, Rs600 health fund) per month. Again, these Aurovilians are now struggling to make ends meet.

We, the Forest Group, reach out to the community for support on all levels.

**The Governing Board appointed FAMC's (GB FAMC) GBS**

Parallel to the action mentioned above, the GB FAMC formed their own group called the Auroville Green (Belt) Services. Forest Group members Arun (Revelation), Shivaraj (Marutavam), Aviram (Sadhana Forest), Saravanan (Aranaya), Andrey (Infinity) and Enea (Miracle) decided to join the newly formed group. The Forest Group would like to clarify that these members joined this GBS in their personal capacity and in no way are a voice of the Forest Group.

**Exchange of Auroville lands**

Finally, we would like to highlight that any exchange of land needs to go through proper processes, including consulting the RA, as many outlying, and recently not so outlying communities (Forecomers and Ravena) are lands that have been part of and contributing to Auroville and the experiment. Further, in many cases, they also contribute to physical buffers for water conservation and for controlling development sprawl. Exchange of land cannot be taken lightly as it usually results in a loss for Auroville.

*With thanks, Glenn*

**CLASSES AND COACHING: SPOKEN ENGLISH**

Materials, classes and coaching for spoken English offered freely. I have a collection of diverse interesting materials (in English) for 'classes'. The topics include Auroville, science, spirit, human nature, enlightened management, inspiring humor, Savitri. Contact me soon if you would like to pick up these materials or if you have a small group who would like to explore the topics with a native English speaker.

Or, I can participate in an occasional interactive 'class' in simple or advanced English about the purpose, principles and founders of Auroville, or give gentle coaching for actors and presenters.

*Patricia at Creativity*

[pat@auroville.org.in](mailto:pat@auroville.org.in), 0413 2623750



## LEARN FRENCH BY 'THE SOUNDS OF ITS MUSIC'

Learn **French** by 'the **Sounds** of its **Music**' With the **Auro-lang 2** method in 50 lessons on book + CD-Rom With English, Tamil and Hindi translations. Just click on it to hear and pronounce correctly from the start. Or train and drill with a native speaker in French Pavilion (International zone Auroville)



- **Every Tuesday & Thursday 5 to 7pm**

by Jean-Marie Master in Applied linguistics Brussels State University

- Book + CD: 500 INR. First batch 30 hours class drill: free contribution
- Mail: [ecohome2@skynet.be](mailto:ecohome2@skynet.be) or [jeanmarieDemulier@gmail.com](mailto:jeanmarieDemulier@gmail.com)
- Call: 918148401950 WA

*Thanking you,  
Jean-Marie, Aspiration*

## NEWS

### From Auroville Language Lab



*Please remember to put your mobile phones on flight mode and switch off all wireless and Bluetooth devices before you enter the Lab. We are a wireless-free space!*

## Tomatis

There are spaces available for both language & therapeutic programmes!

- Please contact 0413-3509932 or 0413-2622467 or email us at [tomatis@aurovillelanguagelab.org](mailto:tomatis@aurovillelanguagelab.org) to schedule your Listening Tests & Consultations.

To know more about the Tomatis Method, please have a look at the following links:

- <https://www.aurovillelanguagelab.org/tomatis-method.php>
- <https://www.aurovillelanguagelab.org/tomatis-kids.php>
- <https://www.youtube.com/watch?v=wnpXprTI3m0>
- <https://www.youtube.com/channel/UCeTIG0y-sBMlly-wZNdZcAng/videos>
- <https://www.listenwell.com/>

## Current Language Courses at ALL

### New: German with Ben

We are thrilled to announce that Ben has joined us as our new German teacher! A recent newcomer & native German speaker, Ben has been an online teacher for three years now, giving integration classes and language courses to immigrants from various backgrounds. He is now eager to apply his skills to an in-person classroom. Ben is a language enthusiast and takes interest in translating poetry and studying ways of integral education. Ben is offering two courses:

- **Beginner German**

This course is now closed to new registrations.

German Conversation: This 2-month course is for those who already know a bit of German and would like to further polish their speaking skills.

- This course will start as soon as we have 4-5 registrations.
- Classes will take place **Tuesdays & Thursdays, 4 to 5pm.**

### **New: Spoken Tamil with Saravanan**

Saravanan has been running this interactive and practical-oriented course for the past seven years. The class modules are based on a booklet called 'Fun with Tamil', which has been put together with a lot of research and thought. By the end of this course, you would be able to converse in Tamil on day-to-day matters, having achieved a deeper understanding of its sounds, pronouns, conjugations, etc. This course fills quick. Register soon!

- Classes take place **Tuesdays & Fridays, 9:30am to 10:30am.**
- Course started on **September 12** comprising 24 hours of teaching over three months.

### **New: Beginner Hindi with Alka**

A native Hindi speaker, Alka has a passion for teaching which she has keenly pursued over the last twelve years. Her approach is to make learning easy through games, songs, poems, & other interactive modes. This three-month (24-hour) beginner course is a great introduction to the Hindi language, and intends to make learners comfortable with basic Hindi vocabulary, grammar, and everyday sentences. The course will also make use of the material put together by the Landour Language School, one of the oldest Hindi language schools of India. The course will be paced to align with each student's comfort.

- The course started on **September 9.**
- Classes will take place **Saturdays, 10am to 12noon.**

### **New: Beginner Spanish with Mila**

Great news for Spanish learners! Our long-time Spanish teacher, Mila is ready to start a new batch for Beginner Spanish. This three-month (24-hour) course is structured on the highly-acclaimed book, 'Madrigal's Magic Key to Spanish: A Creative & Proven Approach.' Mila has been running this course since many years. By the end of the course, students will be equipped with the Spanish alphabet, phonetics, & vocabulary. The course will also delve into verb conjugations, formation of sentences, use of adverbs & adjectives, and work on the student's listening & reading skills.

- We hope to start as soon as we have 6-7 confirmed registrations.
- Classes will take place twice weekly, on **Tuesdays and Thursdays, 2:30 to 3:30pm.**

### **New: French with Jean-François**

Jean-François offers four 2-month (16-hour) courses.

- **Beginner French**

This course is now closed for new registrations.

- **Beginner French for Teens**

This course is for students between 13 to 16 years of age. The course is based on exercises that use many media like videos, games, role-playing, etc. to make learning both fun and effective. By the end of the course, students will have an immersion in the French language and will be able to express themselves in a simple way.

- We need five confirmations to start the course.
- Classes will take place **Saturdays, 11am to 12noon.**
- **French Conversation**

For those of you who know a bit of French, this is the perfect course to get more fluent, expand your vocabulary, and speak without inhibition in a diverse & fun group! Each lesson covers a theme of daily life (work, family, hobbies, shopping, projects, etc.) and is aimed at developing the students' ability to express themselves and interact in French. Jean-François would explore a range of topics like food, sports, travel, philosophy, news, literature, economics, social sciences, theater, and more. He will also review the grammar useful for basic conversation.

- This course started on **August 3.**
- Classes take place **Mondays & Thursdays, 2:30 to 3:30pm.**

## Italian Conversation with Fabio

This two-month (16-hour) course is for learners who already have a basic knowledge of Italian and would like to explore the language further & polish their speaking skills. Fabio will delve deeper into spoken grammar, phonetics, conversation, and any other topics of interest. This is mainly for those who took the Beginner course last time, but is open to all. This course will close at 4 registrations.

- This course started on **September 12**.
- Classes will take place **Tuesdays & Thursdays, 2:30 to 3:30pm**.

## Intermediate Spanish with Susana

Our long-time teacher, Susana, is offering an Intermediate Spanish course for students who are already familiar with the various verbal modes in Spanish language (Infinitive, Indicative, Conditional, Subjunctive, and Imperative). The course will focus on polishing the conversational skills of the students and will also dive into the rules of grammar. This is a monthly course.

- Classes take place every **Tuesday, 2:30 to 4:00pm**.

## Beginner and Pre-Intermediate English with Rupam

Rupam continues to offer morning English classes. Her classes are a mix of discussion on current topics, and grammar as necessary. You are welcome to try out a class and see if it fits your needs. However, please note that this is not a drop in/walk in class but is meant for students committed to joining the course.

- Classes take place **Tuesdays & Thursdays, 10:30 to 11:30am**. Enquire now to join!

## Current Schedule of Classes

Language	Level	Time	Day(s) of Classes
English	Pre-Intermediate & Intermediate	10:30—11:30am	Tuesday & Thursday
	Conversation	TBA	TBA
French	Beginner Started 5 August 2023	2:30—4:30pm	Saturday
	Beginner for Teens To start soon	11am—12 noon	
	Conversation Started 3 August 2023	2:30—3:30pm	Monday & Thursday
Tamil	Spoken Beginner Started 12 September	9:30—10:30am	Tuesday & Friday
Sanskrit	Beginner To start September 2023	TBA	TBA
Hindi	Beginner Started 9 September 2023	10am—12noon	Saturdays
German	A1.1 Beginner Started 11 September	9:30—11am	Monday & Wednesday
	German Conversation To start soon	4—5pm	Tuesday & Thursday
Spanish	Beginner To start September 2023	2:30—3:30pm	Tuesday & Thursday
	Intermediate	2:30—4pm	Tuesday
Japanese	Beginner To start November 2023	TBA	TBA
Italian	Beginner TBA	2:30—3:30pm	Monday & Wednesday
	Conversation Started 12 September	2:30—3:30pm	Tuesday & Thursday

*If there is a language you would like to learn, and it's not on our list, please send us a query!*

## To join or enquire

Please fill out our form at <http://register.aurovillelanguagelab.org/> You may also drop us an email at [info@aurovillelanguagelab.org](mailto:info@aurovillelanguagelab.org), call us at 2623661 or come visit us!

**Please Note:** Registration and contribution are essential before you join a course with us. Please see our team member at the front desk to ensure this is complete, thank you!

## The Language Lab is open

- Monday—Saturday,  
9am—12noon & 2—5pm
- Location:  
International Zone,  
after Unity Pavilion & Pump House.
- Phone:  
(0413) 2623661, 2622467,  
+919843030355
- Email:  
[info@aurovillelanguagelab.org](mailto:info@aurovillelanguagelab.org)



Vismai,  
for Language Lab Team

*Classes, Workshops & Healing Arts*

## A SATSANG ON THE INTEGRAL YOGA

### Brahmacharya

For anyone aspiring to be a True Aurovilian, wishing to practice any traditional Yoga to progress beyond the obvious limitations and difficulties of the animal-human species or modality, especially the Integral Yoga of our Avatar founders Sri Aurobindo and the Mother which is a transformative psychophysical preparation for the new species the Supramental being, it is most important to understand and practice Brahmacharya. Here's a compilation:

- <https://incarnateword.in/compilations/brahmacharya>

### A Revelation of the Cosmic Play

*'The creation is a single whole advancing as a totality towards its single goal—the Divine—through a collective evolution which is continuous and endless.'*

The Mother

- <https://incarnateword.in/cwm/16/7-july-1963>

In any human collective game or sports, to be an effective player you have to know the basics: the roles of the players, the rules, the playing field, etc. In short, you must know the dynamic functioning of all the parts and parcel of the play itself.

Now we come to this Great Cosmic Play, the Lila of the Divine, on this playing field we call Earth. Welcome! Obviously lots to learn to be a truly effective player, or to have fun just playing in it.

And for some Grace of the Supreme you have found yourself in the Auroville, the City of Dawn of the Supramental Avatars Sri Aurobindo and the Mother. Very interesting indeed. Your soul has obviously brought you here in this special playing field within Bharat Mata, the Guru of the World, for a specific reason, even if you are not fully aware of it... but you feel it. You've felt it your entire life even before coming here. A call deep down... for something else.

Here's the Mother in one of Her many revelations on the functionings of some of the players, the Cosmic Play as it has progressed, and how to continue on towards the Divine Goal:

- The Mother's Agenda, May 10, 1958  
<https://incarnateword.in/agenda/01/may-10-1958>

## A Satsang on the Integral Yoga



A sacred gathering for the study and practice of the Integral Yoga of Sri Aurobindo and the Mother, founders of Auroville, the City of Dawn.

*'The first necessity is the inner discovery in order to know what one truly is behind social, moral, cultural, racial and hereditary appearances. At the centre there is a being free, vast and knowing, who awaits our discovery and who ought to become the active centre of our being and our life in Auroville,' — The Mother*

We start right here, in the Eternal Now, from where we each are at this ever-progressive moment, and share our unique experiences on the path of rediscovering and embodying who we really are.

- **Facilitated** by Zech Joya
- **Schedule:** Tuesdays and Thursdays, 5:30—7:00pm from **12 September 2023 onwards**
- **Venue:** Conference Room, G/F SAIER Building, Town Hall Complex, Auroville

Please [click this link for details](#) or scan the above QR Code

Cheers! Zech



## NONVIOLENT COMMUNICATION WORKSHOP

**Saturday, 30 September and Sunday, 1 October**  
**9am—12pm & 2—4:30pm at Tibetan Pavilion**

We are happy to inform you that Youth-Link is offering you a 2 days Nonviolent Communication workshop happening at Tibetan Pavilion!

- **Taking place** on Saturday, 30 September and Sunday, 1 October
- **Facilitated** by Stefan (CNVC-certified trainer) and Team.



The basics of Nonviolent Communication involve expressing ourselves with clarity, compassion, self-responsibility, empathy and the common good in mind, which is the exact opposite of what violent communication is.

Join the workshop to discover the tool to enable you to express your needs and feelings in a conscious way, for the person in front and for yourself!

- This workshop starts from 9am to 12pm, Lunch Break (12pm to 2pm) and afternoon session from 2pm to 4:30pm.
- **To register** email us at [youthlink@auroville.org.in](mailto:youthlink@auroville.org.in) or come to our office in Town hall between 9.30am to 12pm and 2pm to 4pm to sign up.

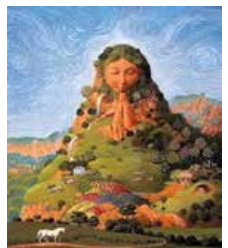
Warmly, Nivetha from Youthlink team

## ACTIVITIES BY DR. SEHDEV KUMAR

### Yoga of Forgiveness

An Exploration of the dynamics and power of Forgiveness in Families, between Friends and among Nations

- Video Link:  
<https://youtu.be/p18qUDakJEM>



### Seven Steps Towards Global Peace

- **Zoom Session #1:**
  - **Ushering of Atomic Age & Moral Dilemmas**
  - Video Link:  
<https://www.youtube.com/watch?v=dS7g8k0NSeQ>



- **Zoom Session #2:**
  - **World Beyond Wars: Seven Steps Towards Global Peace**
  - Video Link: <https://www.youtube.com/watch?v=piNMttw9SKk>

## **Bhakti Movement in India**

- **Celebration of Divine Love:** Kabir, Mira, Nanak
- Video Link: <https://youtu.be/y4td9i6fhFg>

*By Prof. Sehdev Kumar*



## **ANGAM TREE**



## **Workshop: LA Style Salsa Dance**

Salsa is dance from Los Angeles, It's all with Music & Dance with Presence of mind. It is a Fun, Great skill to have in life, a way to make new friends, relieves stress, builds confidence, exercise and universal dance. SALSA dancing not only feels good, but it also improves your physical strength, endurance, flexibility and coordination. You can get a real high in energy from dancing and in the stressful world we live in this natural high is a Good Thing. Most averagely fit people achieve this when dancing Salsa.



- Beginner, Basic steps (40 minutes): Front and back, Side to side, Cross legs, Front turning, Back turning
- Practice with Partners with all basic steps (20 minutes)
- Break (10 minutes)
- Partner sequences. Turning and leading. How to get the beats or rhythms. Dance with Partners
- Feedback sessions
  - Contribution based. You can learn more about us and register on [www.angamtree.com/workshops](http://www.angamtree.com/workshops)

+91 9751395939, [www.angamtree.com](http://www.angamtree.com)

## **Therapies**

Our work in therapy and healing is focused on educating people to the importance of healthy living and conscious lifestyle. To together achieve a better and sustainable future in wellness for each individual and their communities.

### **Sound Healing Therapy**

Using various musical instruments, Sound healing, Bodywork, Meditation, Visualization and Breathing one will become aware of their complete sensory perception. When we hear the subtle cautions our life and where the body is a pathway of that inner voice, we all have the potential to heal ourselves.



- Contribution based

### **Massage Therapy**

Traditional body work using acupressure and deep tissue varma points healing methodologies. Naturally prepared herbal and coconut oil along with natural essential oil aroma for meditative breathing wellness. Use of sound to awaken and create a sense of peace and calm to bring about a holistic healthiness and oneness with self.



- Contribution based



## Dance Movement Therapy

Uses movement to help individuals achieve emotional, cognitive, physical, and social integration. Beneficial for both physical and mental health, dance therapy can be used for stress reduction, symptoms prevention, and mood management. In general, dance therapy promotes self-awareness, self-esteem, and a safe space for the expression of feelings.



- Contribution based
- You can learn more about us and register at [www.angamtree.com/therapies](http://www.angamtree.com/therapies)
- +91 9751395939, [www.angamtree.com](http://www.angamtree.com)

## Traditional Massage Therapy Classes

Our 30 hours course covers Traditional Bodywork based on principles of ancient Indian medicine science of Sidha Varma Kalai originating in Tamilnadu, Southern India. It is one of the oldest systems of medicine in India.



- **The certificate course has three levels:**
  - Basic: 10 Hours
  - Intermediate: 20 Hours
  - Advanced: 30 Hours
- **Course modules:**
  - Varma Massage Therapy
  - Varma Touch Therapy
  - Varma Myology (Muscles)
  - Varma Defense Methods

Angam Tree Wellness Hut is reaching out to people interested in learning massage therapy techniques. You can learn more about us at [www.angamtree.com](http://www.angamtree.com)

Kindly share your profile with us at the below mentioned email address. We will call you for an interview to assess the correct fit between you and the positive intention towards the energy of therapy.

- Contribution based
- [angamtree@auroville.org.in](mailto:angamtree@auroville.org.in), +91 97513 95939 **Raja**

## SHIATSU—AN ART OF TOUCH

Seminars to begin or deepen Your Journey

- *Shi-atsu—thumb-pressure*

Shiatsu brings with its practice stress reduction and peace, vitalisation of life force or Ki as well as a potent chance to grow strong for and with challenges on all levels of our being through touch.



Come, experience and explore conscious and calm Perception, inner Sensing and Awareness of Touch in connection with the study of 12 Classical Meridians and 5 Elements, Health Wisdom, strengthening and harmonizing exercises and ways to move for your daily practice.

Courses are part of a Seminar-Series spanning over the next 2—3 years for a complete 500 hours Shiatsu Practitioner Training to be established.

### September

- 23, 24 September, 30 September, 1 October. Saturday, 8am—3:30pm, Sunday, 11am—6:30pm. 3 weekends/ 6 days course. Mu Points. Points of diagnostic findings and for improvement of acute imbalances.

### More courses coming up in October

- 6, 7 October, Friday, Saturday 8:30am—3:30pm, 2 days, Introduction to Shiatsu and Meridians. Preparation for the 6 days courses. Open for All Interested.

## Location

- Budokan Auroville on Dehashakti Sports Ground

## Shiatsu Training Hours

- **Wednesdays, 7—9 am during the months of September and October at Budokan, Aikido Hall, Dehashakti**

Time to deepen your learning (of meridians and more), to give and receive SHIATSU. An Art of Touch for Health and Happiness! During these regular Shiatsu training hours in the months of September, October and possibly beyond, we will



mainly focus on the practical refinement of the Shiatsu Art of Touch. According to the needs of the participants, we will include a brief look into the extensive theory of Shiatsu as well.

This is a good time for those who ever in their life enjoyed the Study of Shiatsu and wish to practice and deepen with additional inspirations in a supportive environment as well as for those without prior experience who would like to simply get a free feel of this specific Shiatsu-Touch, characterized by 'intentionless intention'.

These hours are also a good way of tuning in and preparing for the soon up-coming Shiatsu Seminars for anyone with (active participant) or without (models) prior experience.

We are looking forward to hearing about your coming as well as hearing your questions, wishes, aspirations.

Contributions required for ensuring future seminars. Kindly give according to your resources.

- Do contact Ulrike Urvasi at [mothersworkforthemotherswork@gmail.com](mailto:mothersworkforthemotherswork@gmail.com) or 9751513906 (WA, Signal, Telegram) for necessary registration or questions.

*Shiatsu—because Health matters!*

*Contribution required for ensuring future seminars.*

*Kindly give from your heart.*

*Do contact Ulrike Urvasi for more info and registration at [mothersworkforthemotherswork@gmail.com](mailto:mothersworkforthemotherswork@gmail.com), 9751513906 (WA, Signal, Telegram)! Ulrike*

## MEDICAL QIGONG TRAINING

Medical Qi Gong training at the client's home at a time that suits them. el ,ye,ho (eli) Qigong instructor A graduate of the Wingate college of excellence in israel. Encounter with Chinese medicine in motion A harmonious combination of conscious breathing movement is accompanied by aids and actions.I am happy to share the knowledge I have gained in studies and life experience for the benefit of harmonious world and love



Those who are interested leave a name and your convenient time address to [ellimagen@gmail.com](mailto:ellimagen@gmail.com) or 9952749221 WA

*Elli*

## ATB WORKSHOP—INTENSIVE ADVANCED

**24 September to 2 October**

Last free place for ATB workshop—Intensive Advanced

There's still one last free available place for the 9 Days ATB intensive workshop—24 September to 2 October.

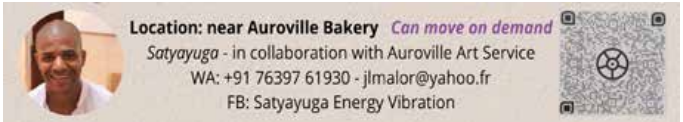
- Being the Advanced modules, to participate is **necessary to have previously done ATB1,2,3.**

This slot will be given on a 'first arrived, first served' basis. If it's something you'd be interested in contact us soon by mail at: [atbconrosa@gmail.com](mailto:atbconrosa@gmail.com)



*Thank you, Francesco*

## SATYAYUGA

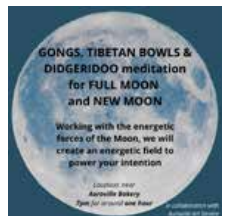


### Energy Vibration

- **Reiki with Kototamas:** give energy for the wellbeing and struggle against stress
- **QiGong:** work on the rejuvenation of the body & automassage and Yoga facial. 7 people max
- **Personal trainer:** using Karla Kattai, conscious muscular exercises and stretching of articulations 1 to 3 people
- **Reflexology:** Manual and natural method centered on the selfregulation of human body by pressing reflex zones & Vibrational massage with bowls
- **Nada Yoga Ananda:** Connect to your inner self through Vibrating Chants, @ 4pm for about 2hours.
  - Ecstatic Wednesday
  - Shamanic Friday
  - Sacred Sunday



- **Gongs, Tibetan Bowls & Didgeridoo meditation for Full Moon and New Moon.** Working with the energetic forces of the Moon, we will create an energetic field to power your intention. @ 7pm for around one hour



- **Tibetan bowls. Gongs. Five Elements Sound Massage.** Connect to your inner self through Sound Massage and Vibrating Chants & find peace in a Sound Cocoon



- **Shamanic journey.** A four hour Workshop to connect yourself to the Source. Experience a powerful Sound Journey in your inner self thanks to energetic exercises and transformative sounds. Every Friday, near Auroville Bakery, 10am—12noon & 3—5pm. 7 people max, possibility to split



Warmly, Satyayuga (Jean-Luc Malor)



## UPCOMING EVENTS AT A SUNLIT PATH



For info/registration for all events:  
8870988843 WA

### Kirtan Gathering

- 23 September, 5—6pm

Join us for an evening of Kirtan with Hindustani vocalist Lakshmi Santra. Experience the power of music to open our hearts as Lakshmi leads us on a journey through devotional chanting and traditional melodies.

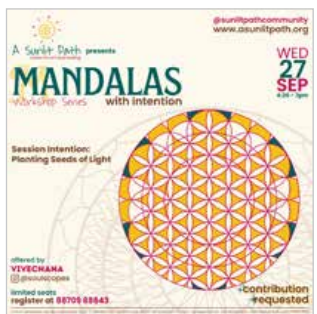
Born in the heart of Calcutta in November 1969, Lakshmi's journey into the world of music was destined. Guided by the wisdom of her father, a gifted tabla player, and the tutelage of renowned vocalists, Lakshmi has honed her voice into a vessel of divine expression. Please RSVP as space is limited.



### Mandala With Intention

- 27 September, 4:30—7pm

Join us for a journey of self-exploration through the world of mandalas. In our Mandala Workshop series, the ancient art of sacred geometry meets the power of visualization, journaling, and color resonance. We invite you to unlock the hidden depths of your being, tap into your creativity, and connect with your inner wisdom through the sacred art of mandalas.



Whether you're new to mandalas or a seasoned explorer, this series offers a flexible path to self-discovery. You can choose to attend individual workshops that resonate with you, or immerse yourself in the full series to experience the complete journey into the world of mandalas.

Vivechana is a seasoned artist, designer, and symbol enthusiast with over 15 years of exploration in the world of mandalas and sacred geometry. Through her company, Soulscapes, she intertwines art and spirituality to create transformative experiences.

### Full Moon Gathering

- 29 September, 7—8:30pm @ A Sunlit Path

Please join us for a full moon gathering on Friday, 29 September, from 7—8:30pm @ A Sunlit Path.

We will gather and understand the cosmic effects of this time followed by chanting, grounding and guidance of angel cards with Sudha Suthanthiram. Then we will move outside under the moonlit night sky and a meditative gathering and sharing around the fire.



- All are welcome, but your RSVP, 8870988843 WA, is required by the 27<sup>th</sup> as space is limited. We look forward to welcoming you.

## Dhrupad Retreat

- 6, 7, 8 October, 10am—12pm & 3pm—5pm

A Sunlit Path, in collaboration with Abhaya, an Auroville activity of ASSA, is happy to bring you another **Dhrupad Retreat** with **Niloy Ahsan** on 6, 7, 8 October, 10am—12pm & 3pm—5pm

Dhrupad is an ancient form of Indian classical music known for its meditative and therapeutic qualities. It's a musical journey that aligns the mind, body, and soul.



Led by Niloy Ahsan, an exceptional Dhrupad vocalist in the Dagar lineage, this retreat will introduce you to the profound practice of Dhrupad and Nada Yoga, making it accessible for beginners while enriching the knowledge of those already on their musical and yogic journey. Discover how sound can become a bridge between your outer and inner world, creating a harmony that resonates deep within.

During these three enriching days, you will:

- Deepen your understanding of music and yoga.
- Cultivate inner peace and self awareness.
- Experience the joy and wisdom of classical Indian music.
- Connect with like-minded souls on a spiritual journey.
- Discover the healing power of sound.
- Cultivate mindfulness and presence in your daily life.

This retreat is a welcoming space for all, whether you're just starting or well along your path. Come as you are, with an open heart and a willingness to explore the magic of sound and silence.

- **Register by 27 September, +918870988843 WA**

*Warmly, Sudha,*  
**A Sunlit Path Family & Abhaya Team**  
[www.asunlitpath.org](http://www.asunlitpath.org)



## VÉRITÉ PROGRAMS

**September 2023**

+91 0413 2622045, 2622606,  
+91 9363624083, 8489391876

[programming@verite.in](mailto:programming@verite.in)

[www.verite.in](http://www.verite.in)

## Therapies (by appointment only)

Therapies (by appointment only)	Therapist
Thai yoga Massage	Andres
Private Yoga Session / Yoga Therapy	Andres
Individual Self-Work with Clay	Megha
Biodynamic Cranio-sacral Therapy	Mila
Private Yoga Session / Yoga Therapy	Nadia
Integrated Craniosacral & Foot Reflexology	Radhika
Craniosacral Therapy	Radhika
Foot Reflexology	Radhika
Integrated Ayurvedic Acupressure, Deep Tissue & Heart Healing Massage	Raja
Private Yoga Session / Yoga Therapy	Sabrina



## Yoga & Re-creation Programs

Days	Drop-in Classes	Timings	Presenters
Mondays	Sivananda Yoga	9:30—10:30am	Mani
	Pranayama & Meditation	11am—12pm	Radhika
	Yin Yoga—Healthy Hips	3:30—4:30pm	Emma
	Deep Sound Bath	5—6pm	Satyayuga
	Hatha Vinyasa Yoga	5—6pm	Andres
Tuesdays	Gentle Vinyasa Flow	11am—12pm	Emma
	Face & Eye Yoga	2:30—3:30pm	Mamta
	Vinyasa Flow	5—6pm	Rebeca
	Holistic Hatha Yoga	5—6pm	Sabrina
Wednesdays	Sivananda Yoga	9:30—10:30am	Mani
	Yoga for Inner Alignment—Pranayama & Asanas	11am—12pm	Radhika
	Yin Yoga—Healthy Spine	3:30—4:30pm	Emma
	Kirtan Songs for your Soul	5—6pm	Mamta & Savitri
	Hatha Vinyasa Yoga	5—6pm	Andres
Thursdays	Peace with Pranayama	3:30—4:30pm	Mamta
	Holistic Hatha Yoga	5—6pm	Sabrina
	Vinyasa Flow	5—6pm	Rebeca
Fridays	Hatha Vinyasa Yoga	5—6pm	Andres
	Free Flow Dance & Movement (No Class 29 September)	5—6:30pm	Vega
Saturdays	Sivananda Yoga	5—6pm	Mani
	Mindful Flow—Awaken in Movement & Stillness (No Class 2 September)	5—6pm	Savitri

## Workshops (pre-registration required)

Day & Date	Workshops (pre-registration required)	Timings	Presenters
Friday, 22 September	Sivananda Yoga—Masterclass	9:30am—12pm	Mani
Saturday, 23 September	Introduction to Traditional Thai Yoga Massage (Nuad Boran)	9:30am—12pm	Andres
Friday, 29 September	Understanding Pranayama and its Practice in Asanas and Meditation	9:30am—12pm	Radhika
Saturday, 30 September	Energy Cleanse through Yoga Kriyas	9:30am—12pm	Mamta
Saturday, 30 September	Balance your Koshas (Bodies) through the Practice of Yoga	9:30am—12pm	Sabrina

*Savitri, Programs Coordinator, Vérité Programming*



## VÉRITÉ WORKSHOPS

Pre-registration required.

Please contact Verite @ 0413 2622045,  
2622606, 9363624083

Vérité

or [programming@verite.in](mailto:programming@verite.in), [www.verite.in](http://www.verite.in)

### **Sivananda Yoga Workshop with Mani**

- Friday, 22 September, 9:30am—12:00pm

A classic Sivananda session, including basic pranayama (breathing) and Surya namaskar (sun salutation), designed to massage and rejuvenate the entire spine, with rhythmic alternation between effort and relaxation to balance the nervous system and prepare it for the final guided relaxation.

### **Introduction to Traditional Thai Yoga Massage (Nuad Boran)**

- Saturday, 23 September 23, 9:30am—4:30pm

Introductory workshop to Thai Yoga Massage (Nuad Boran or Traditional Thai Yoga Massage Therapy). This is an ancient technique used to unblock energy stagnation and awaken our inner healer. This is achieved through both acupressure on the energy meridians (Nadis /Send Lines) and movements of the body and joints based in Yoga Asanas. The facilitator is a YACEP® (Registered continuing education provider), YACEP® is a designation for yoga teachers in the yoga community who are authorized to teach courses that qualify as Continuing Education hours for other Registered yoga teachers (who must complete a minimum of continuing education every 3 years)

### **Understanding pranayama and its practice in asanas and meditation with Radhika**

- Friday, 29 September, 9:30am—12:00pm

Pranayama is a system of breathing techniques that helps us to harness the power of our life energy. In this workshop we will focus our attention on pranayama and discover the effect of various techniques on our breath. We will explore different pranayama practices, using some of these in a sequence of asanas and maintain observation of our breath in a guided meditation.

### **Energy Cleanse through Yoga Kriyas with Mamta**

- Saturday, 30 September, 9:30am—12:00pm

Purify your energy channels with 3 Hatha Yoga Kriyas: Jal-neti (saline nasal rinse), Trataka (Fixed gaze) & Kapalabhati (Skull shining breath). They cleanse your body from the inside out, develop immunity & steadfastness, paving the way for evolution of consciousness.

### **Balance your Koshas (Bodies) through the Practice of Yoga with Sabrina**

- Saturday, 30 September, 9:30am—12:00pm

**Long version:** According to the Taittiriya Upanishad (Yajur Veda), the human being is composed of 5 sheaths called 'Pancha koshas', from gross/physical to the more subtle bodies.

In this workshop, Sabrina will guide you through 5 different yogic practices to balance each of your 5 koshas:

- 1 asana sequence, 1 pranayama set, 1 mantra japa, 1 pratyahara practice and 1 meditation

Hence you will experiment and explore the effects of each practice. This will give you tools to bring back to your everyday life, that help to maintain harmony and balance in your being. Expect to feel a deep sense of grounding, balance, and inner peace. A beautiful session, open to all levels Can be done independently from the workshop 'Explore your Koshas.'

*Love and light, Savitri,  
Programs Coordinator, Vérité Programming*

**PITANGA: PROGRAM FOR SEPTEMBER 2023****Classes—Registration required**

- **Iyengar Yoga with Tatiana and Chloé.**

*All Iyengar Yoga classes are designed for healthy adults. If you have any physical problem, please talk to the teacher before the class to find out if this class is for you. We do not offer any medical yoga classes and our classes are not for people who need a therapeutic approach.*

- Mondays, **5pm—6:30pm**, Level 1, Tatiana

A general asana practice class. Each session includes the practice of Salamba Sarvangasana (shoulderstand) or preparatory stages. Regular attendance is expected.

- Tuesdays, **9am—10:30am**, Spine class, All levels, Chloé

During the schools' term-break, the class will be on break.

**Resumes: 10 October**

- Wednesdays, **5pm—6:30pm**, Level 2—3, Tatiana

For seasoned practitioners. Classes include both asanas and pranayama. Inverted poses like Salamba Sarvangasana, Salamba Sirshasana are practiced regularly.

- Saturdays, **9am—10:30am**, Restorative Yoga, Level 2—3, Tatiana

Each session includes time for deep work in inversions, backbends and forward bends with support and deep relaxation on a physical and mental level. Practitioners are expected to independently choose alternative postures according to their ability and are prepared for prolonged use of inverted postures.

- Saturdays, **11am—12:30pm**, Mixed Level, Tatiana

An active practice class for Iyengar Yoga practitioners of all levels. Suitable for beginners. Exceptionally, this class can be attended without registration as well.

- **Art Therapy class with Gala**

- Thursdays, **3—5pm**, for adults
- Fridays, **3—5pm**, for families

**Drop-In Classes**

	Class & teacher	Class level
<b>Mondays, (Closed on 18 September, holiday)</b>		
7:30—9am	Asanas with Rachel	All levels
8:30—10am (Not on 25/9, 3/10)	Yoga Therapy with Gala	All levels
<b>Tuesdays</b>		
4:45—5:30pm (Not on 26/09, 3/10)	Odissi Dance with Rekha	Beginners
<b>Wednesdays</b>		
7:30—9am	Asanas with Rachel	All levels
8:30—10am (Not on 27/09, 5/10)	Yoga Therapy with Gala	All levels
<b>Thursdays</b>		
4:30—5:30pm	Aviva Exercise with Suriyagandhi	For women only

Fridays		
6:45—8am	Pranayama with François & Namrita	For former <i>The Art of Living</i> course participants
7:30—9am	Asanas with Rachel	All levels
8:30—10am (Not on 29/09)	Yoga Therapy with Gala	All levels
9—10am (Not on 29/09, 6/10)	Rosa's ATB special for seniors with Rosa	Seniors
3:45—4:30pm (Not on 29/09)	Odissi Dance with Rekha	Beginners
5:15—6:15pm	Feldenkrais class with Shari	All levels
Saturdays		
11am—12:30pm	Iyengar Yoga with Tatiana	Mixed levels

## Healing Space

- By appointment, 262403, 9443902403
  - Acupuncture by Heidi
  - Cranio Sacral Therapy by Anne H.
  - Shiatsu by Ulrike
  - Thai Yoga Massage by Juan

## Youth activities

During the schools' term-break, the classes will be on break

Date	Activity
Mondays, Wednesdays, 4—5pm Resumes: 9/10	Asanas for teenagers, with Lisbeth
Saturdays, 9—10am Resumes: 14/10	Yoga for children, 5—8 yrs., with Gala
Saturdays, 10—11am Resumes: 14/10	Yoga for children, 7—9 yrs., with Gala
Saturdays, 11am—12pm Resumes: 14/10	Energy games for children, 9 yrs+, with Gala

## 4 talks on Health



- **22 September:** Reversing pre-diabetes, insulin resistance and diabetes. Strategies to use diet, lifestyle changes and supplements to turn diabetes around and regain your health.
- **6 October:** Prevention and reversal of cognitive decline. Learn how to protect your brain from declining function and cognitive impairment.
- **20 October:** Healthy to 100. Stay mentally and physically healthy and vibrant as you age.

- **3 November:** Resilience. Tools to stay mentally, emotionally, and physically resilient through difficult times.

All are welcome. No registration is necessary.

Lize is a Functional Medicine Practitioner and volunteers at Santé Clinic and Pitanga.

The talks are organised in collaboration with Santé Clinic.

If you wish to receive our program of activities by email, please write to us: [info@pitanga.in](mailto:info@pitanga.in)

*See you at Pitanga, with a smile !  
Love, Andrea*



## ARKA WELLNESS CENTER & MULTIPURPOSE HALL

Regular activities September 2023

### Classes

Classes	Teacher	When
Acro Yoga	Damien, by Appointment: 9047722740	Monday: 3—4:30pm, Tuesday: 5—6:30pm For regular classes
Pilates	Teresa	Tuesday & Thursday: 7:30—8:30am. Friday: 5:30—6:30pm by Appointment: 7867998952
Iyengar yoga (TOS)	Olesya	Monday, Wednesday, Saturday, 6:30—8am. Monday, Thursday, Saturday, 5—6:30pm. Or by Appointment: 9159052743
Sound Chakras healing	Lakshmi:	By Appointment: 8489764602
Heartful Meditation	Avanthika: 6380238326	Thursday: 9 to 10am

### Treatments

Treatment	Therapist	When
Body Logic, Soft Massage and Deep Tissue Massage.	Pepe	Monday to Saturday, by Appointment 9943410987
Cranio sacral, Lomi Lomi Kahuna massage, Barefoot body massage	Silvana	Monday to Saturday, by Appointment 9047654157
Facial, Manicure, pedicure, Threading, Waxing, Haircuts, Hair colouring, Henna colouring	Meha	Monday to Saturday, by Appointment 9443635114
In Nutrition, Diet, Weight Loss and Weight Management, Psychosomatic.	Nadia (English & French)	Monday and Wednesday afternoon by Appointment, 9489035457
Tarot, Oracles and Akashic Records Reading (TOS)	Valentina	Monday to Friday Morning, 9791719387, +393462258049
Psychospiritual Introspec- tive Tarot Reading, Deconditioning Self Inquiry	Antarjyoti (English & French)	Monday to Sunday By Appointment: 0413 2623767 <a href="mailto:antarcalli@yahoo.fr">antarcalli@yahoo.fr</a>

*Thanks & Regards,  
Ramana,  
Arka, 0413 2623799*



## QUIET HEALING CENTER



### **Watsu® Basic with Petra**

- 26—27 September, 8:45am—6:30pm, 16 hours

A 2-day course on the surface only. Watsu Basic introduces the qualities and body mechanics required to work with someone in water in order to create a profound state of both physical and mental relaxation.

In this course, you will practice basic techniques and qualities (grounding, presence, stillness, movement, attention) of being and moving another body in water. You will experience floating other people and being floated on the surface, thereby creating space for deep relaxation and nurturing body, mind and spirit.

- Prerequisites: no previous experience required.

### **Watsu® 1 (Transition Flow) with Petra**

- 29 September—3 October, 8:45am—6:30pm, 34 hours

A 5-day course on the surface only. Watsu 1 (Transition Flow) teaches to connect the basic movements and positions you have learned in Watsu Basic with long, gracefully flowing transitions and to adapt this work to people of different sizes, shapes, and dispositions. You will also learn about your own body mechanics and how to support and move each person as effortlessly as possible.

On land, you will be introduced to both Co-Centering and Tantsu, and explore what being held means to you and others.

- Prerequisites: Watsu Basic

*Guido for Quiet Healing Center Team,*  
[www.quiethealingcenter.info](http://www.quiethealingcenter.info), [quiet@auroville.org.in](mailto:quiet@auroville.org.in),  
Mobile & WA: +91 9488084966

*Cinema*

## ECO FILM CLUB

Every Friday at Sadhana Forest

### **Schedule of Events**

- 16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour
- 16:30 Tour of Sadhana Forest
- 18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
- 18:30 Eco Film Club begins with 'previews' of short Sadhana Forest films
- 20:00 Dinner is served
- 21:15 Free bus from Sadhana Forest back to Solar Kitchen



Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner! The bus service is operated by Sadhana Forest. For more information about the bus service please contact Sadhana Forest at 8525038274.

**\*\*Note:** Families and children are welcome! Dinner for children will be served at 19:00:)

**Friday, 29 September**  
**The Village Above The Clouds**

2019 / 42 minutes / DW

The Akha tribe in Laos live almost untouched by modern civilization. Like many mountain tribes in Laos, the Akha are facing a difficult choice: between a move down into the valley, which would mean they would have electricity, running water, and better medical care—but also abandoning their ancient rituals. The film takes the viewer on an emotional journey of discovery to a tribe facing the need to reinvent itself in today's world.

*Submitted by Shek*

**AUROFILM**



**At Multi Media Centre Auditorium, Town Hall**

**Reminder**

- Friday, 22<sup>nd</sup>, 'Adieu Philippine' by Jacques Rozier, France, 1961

**Tulpan**

- Friday, 29 September, 8pm

*Tulpan*, original title *Tyulpan* (Russian: Тюльпан).

**Directed by** Sergey Dvortsevov, Kazakhstan, 2008

**With:** Askhat Kuchinchirekov, Tolepbergen Baisakalov, Samal Yeslyamova

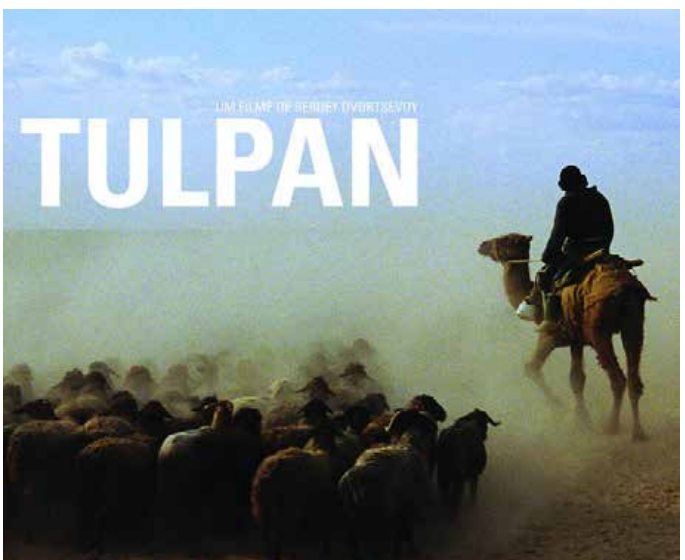
**Overview:** 'Tulpan' is the first feature film of Kazakhstan director Sergey Dvortsevov's, which won the top prize in the Un Certain Regard sidebar at the Festival de Cannes, won many awards, among which the Golden Peacock at IFFI Goa in 2008

**Synopsis:** Asa, recently released from military service, travels to the Kazakh steppes. He moves in with his sister, her husband and their children in a small village in the dry plains. Even anticipating that life will be harsh in the barren landscape and the basics of the yurt, Asa dreams of becoming a shepherd. But first he needs to find a wife. The only woman available is Tulpan, who is initially turned off by the awkward Asa. Their relationship will determine the rest of Asa's life... Polished, funny and utterly charming!

- Pr. Sivakumar M. will introduce the film.

*Original Kazakh & Russian version with English Subtitles.*  
*Duration 1h.40'*

*Surya, for Aurofilm team*





**CINEMA PARADISO**  
**Multimedia Center (MMC) Auditorium**  
**Film Program**  
**25 September to 1 October 2023**

Cinema Paradiso-Multimedia Center is now in operation at 100% seating capacity. However, if you want to wear a mask it is your choice. *To organize the seminar/program please email us. Our projector is crawling towards the end of its life. It has served well, but it is time for us to look for a new one. For this or to support our work you could financially support us. Please find necessary details at the end of this note.*

**Indian and diaspora—Monday 25 September, 8pm**  
**CHANDRAMUKHI**

India, 2022, Dir. Prasad Oak w/ Amruta Khanvilkar, Prajakta Mali, Addinath Kothare, Drama-Romance, 164 mins, Marathi w/ English subtitles, Rated: NR (PG-13)

Daulatro Deshmane is sure to be the next industrial minister. Before receiving his new portfolio, he goes for a pilgrimage with his wife Dolly and father-in-law. While there was a news flash all over the media about his extra-marital affair with Chandramukhi, a Lavani dancer. Turns out his brother-in-law, Nana, who wants to end his political career—introduces him to Chandramukhi a few months before when he takes Daulatro to a brothel. Taken by her, Daulatro continues to meet him—until Dolly gets suspicious and confronts Daulatro and asks him to end it. Turns out, it was Nana and his wife who find out about his affair and expose him to stop him becoming the next minister. Dolly asks Chandramukhi to go out of his life, but this most practical solution is difficult for Daulatrao to accept.

**Potpourri—Tuesday 26 September, 8pm**  
**THE TRAGEDY OF MACBETH**

USA, 2021, Dir. Joel Coen w/ Denzel Washington, Frances McDormand, Alex Hassell and others, Drama-Mystery-Thriller, English-Persian w/English subtitles, 105 mins, Rated: R  
 A Scottish lord becomes convinced by a trio of witches that he will become the next King of Scotland, and his ambitious wife supports him in his plans of seizing power.

**Interesting—Wednesday 27 September, 8pm**  
**AUDOBON**

USA, 2017, Writer Dir. Al Reinert w/ Sam Elliott, and others, Documentary, 90mins, English, Rated: NR (G)

Naturalist and 19th century painter, John James Audubon was one of the most remarkable men of early America. A contemporary of Lewis & Clark and Davy Crockett, he explored the American frontier in search of 'the feathered tribes' he loved and studied. A self-taught artist and ornithologist, he left a legacy of art and science that made him famous in his lifetime and endures to this day. His portrait hangs in the White House, his statue stands over the entrance to the American Museum of Natural History, and his name was adopted by the nation's first conservation organization. The program, filmed in locations where Audubon painted, brings to life his timeless paintings with dazzling footage of the living birds he immortalized—and celebrates visually the natural world he described in his writings. Interviews reveal the man, explore his art, and put his groundbreaking work in modern perspective

**Selection—Thursday 28 September, 8pm**

**VERDENS VERSTE MENNESKE**

**(The worst person in the world)**

Norway, 2021, Dir. Joachim Trier w/ Renate Reinsve, Anders Danielsen Lie, Herbert Nordrum and others, Comedy-Drama-Romance, 128 mins, Norwegian w/ English subtitles, Rated: R

A modern dramedy about the quest for love and meaning in contemporary Oslo. It chronicles four years in the life of Julie, a young woman who navigates the troubled waters of her love life and struggles to find her career path, leading her to take a realistic look at who she really is.

**International—Saturday, 30 September, 8pm**

**NADIE SABE QUE ESTOY AQUÍ**

**(Nobody knows I'm here)**

Chile, 2020, Writer-Dir. Gaspar Antillo w/ Jorge Garcia, Lukas Vergara, Millaray Lobos, and others, Drama-Music, 91 mins, Spanish-English, Rated: NR (R)

Memo lives on a remote Chilean sheep farm, hiding a beautiful singing voice from the outside world. A recluse with a glittery flair, he can't stop dwelling on the past, but what will happen once someone finally listens?

**Children's Matinee—Sunday, 1 October, 4:30pm**

**MOANA**



USA, 2016, Dir. Ron Clements, John Musker, Don Hall w/ voices Auli'i Carvalho, Dwayne Johnson, Rachel House and others, Animations-Adventure, 107 mins, English-French, Rated: PG

In Ancient Polynesia, when a terrible curse incurred by the Demigod Maui reaches Moana's island, she answers the Ocean's call to seek out the Demigod to set things right.

**Classic Film Festival@ Ciné-Club:**

**Ciné-Club Sunday 1 October, 8pm**

**WHAT'S EATING GILBERT GRAPE**

USA, 1993, Dir. Lasse Hallström, w/ Johnny Depp, Leonardo DiCaprio, Juliette Lewis and others, Drama, 118 mins, English w/ English subtitles, Rated: PG-13.

A remarkable film that once viewed, will leave an indelible impression on your heart, your mind, your spirit. Set in a run down, going nowhere town, amidst a population of largely rundown, going nowhere people, Gilbert Grape takes us on a journey through the everyday life of one family in which each member is struggling to find his identity.

**Rating codes** we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available. For scheduling programs at MMC/CP venue: please email us at [mmcauditorium@auroville.org.in](mailto:mmcauditorium@auroville.org.in). **We appreciate your continued support. Pl donate to 'Cinema Paradiso' (account #105106) or set up for a monthly contribution. We need it now more than ever.**

**Thanking You, Nina for MMC/CP  
Group Account #105106,  
[mmcauditorium@auroville.org.in](mailto:mmcauditorium@auroville.org.in)**

## Accessible Auroville Public Bus

[avbus@auroville.org.in](mailto:avbus@auroville.org.in), +91 94430 74825



### Auroville TO PONDICHERRY

	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Veite Guest house—Junction	7:02	8:52	14:52
Town Hall—Main Parking	7:06	8:56	14:56
Solar Kitchen (Round About)	7:10	9:00	15:00
Certitude Enterance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dinning Hall	7:40	9:35	15:35



### Pondicherry TO AUROVILLE

	Trip 1	Trip 2	Trip 3
Ashram Dinning Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen—Round about	8:34	12:50	18:44
Town hall Main Parking	8:38	12:54	18:48
Verite Guest House—Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

- Monthly Rs.800: Aurovilians & Newcomers, No validity
- Student Pass Rs.1200 per month/ 24 days round trip.
- Rs.150 Round trip for Aurovilians & Newcomers
- Rs.200 Round trip for guests.
- Bus passes are available at Auroville Vehicle Service, Town Hall, Auroville, 0413 2623302



## *N&N Guidelines*



### **Hard deadline for submissions TUESDAY 3pm**

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth.

#### **How to submit material:**

- Max size of the published poster is 9cm x 9cm independently of the size you sent. The bigger posters will be reduced.
- Please AVOID CAPS letters
- Material (no pdf files, please) may be sent in English only to [newsandnotes@auroville.org.in](mailto:newsandnotes@auroville.org.in).
- Articles for the Notes section should ideally be no longer than 500 words.
- Please do not send submissions and inquiries as a 'Reply' to the digital subscription mail. There is no guarantee that anyone will see communications sent this way.
- Please try your best to send your announcements, reports, film schedules whenever they are ready. Any modifications of submitted News items must be sent to the editors before Tuesday 3pm.

#### **Disclaimer:**

The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The News & Notes serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offense caused. In case of any dispute, the Auroville Working Committee may be consulted and publishing of disputed material suspended.

*Roy & Agnijata, News & Notes,  
Media Centre, Town Hall,  
[NewsAndNotes@auroville.org.in](mailto:NewsAndNotes@auroville.org.in), 0413 2622133*

## *Emergency Services*

**Ambulance (24/7):** Auroville—9442224680

- PIMS—0413 2656271

**Security (24/7):**

- Auroville Safety & Security Team—9443090107
- Auroville Police Station—0413 2677318
- Kottakuppam Police Station—0413 2236148
- Vanur Fire Station—0413 2677368

**Health:** Health Center—0413 2622123

- Santé—0413 2622803
- Farewell—8903836246

**Mental health 24/7 support:**

- Vandrevalla Foundation +91 9999666555

**India Emergency Response Service (24/7):**

- 108